

Registrar Office

2003



Massage

Spa and Aromatherapy



Fitness Trainer

ASHMEAD COLLEGE

2003





ASHMEAD COLLEGE

1-877-ashmead

www.ashmeadcollege.com

SEATTLE

Northgate Meridian Building
2111 N. Northgate Way, Suite 218
Seattle, WA 98133
(206) 440-3090

TACOMA

5005 Pacific Hwy. E, Suite 20
Fife, WA 98424
(253) 926-1435

EVERETT

3019 Colby Ave.
Everett, WA 98201
(425) 339-2678

PORTLAND

9600 Southwest Oak, 4th Floor
Tigard, OR 97223
(503) 892-8100

VANCOUVER, WA

120 NE 136th Ave., Suite 220
Vancouver, WA 98684
(360) 885-3152

A MESSAGE FROM THE PRESIDENT

*W*elcome to Ashmead College! For over 29 years, people with a desire to make a good living while helping others have turned to Ashmead for the knowledge and support necessary to reach their dreams. Our graduates have touched the lives of tens of thousands of their clients, promoting wellness and improving their quality of life. We hope you find our exceptional programs, outstanding faculty, and “make a difference” attitude, the right combination to help you succeed in your journey.

Being successful at Ashmead, and in the world of health and helping others, may require you to step outside of your comfort zone and try new things. New experiences can make us feel uneasy and/or insecure. Eleanor Roosevelt once said “You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do.” I encourage you to meet your challenges head-on, face your fears, and continually push yourself to become the best you can be.

At Ashmead College, we consider ourselves your partner in success. We will provide you the tools you need to acquire the knowledge and skills necessary to succeed in your career. It is up to you to put those tools to work. The administration, the faculty, the staff, and your fellow students are here to support and assist you as you take this important step toward creating a more fulfilling future for yourself.

We are genuinely excited about your enrollment at Ashmead, and we are committed to helping you achieve your dream.

Wallace W. Wright
President
Ashmead College



Ashmead College

is committed
to health,
personal growth,
and professional fulfillment
through excellence in
education
and customer service.

-

We believe in offering ongoing support
to our graduates, as they become successful
practitioners in their field.

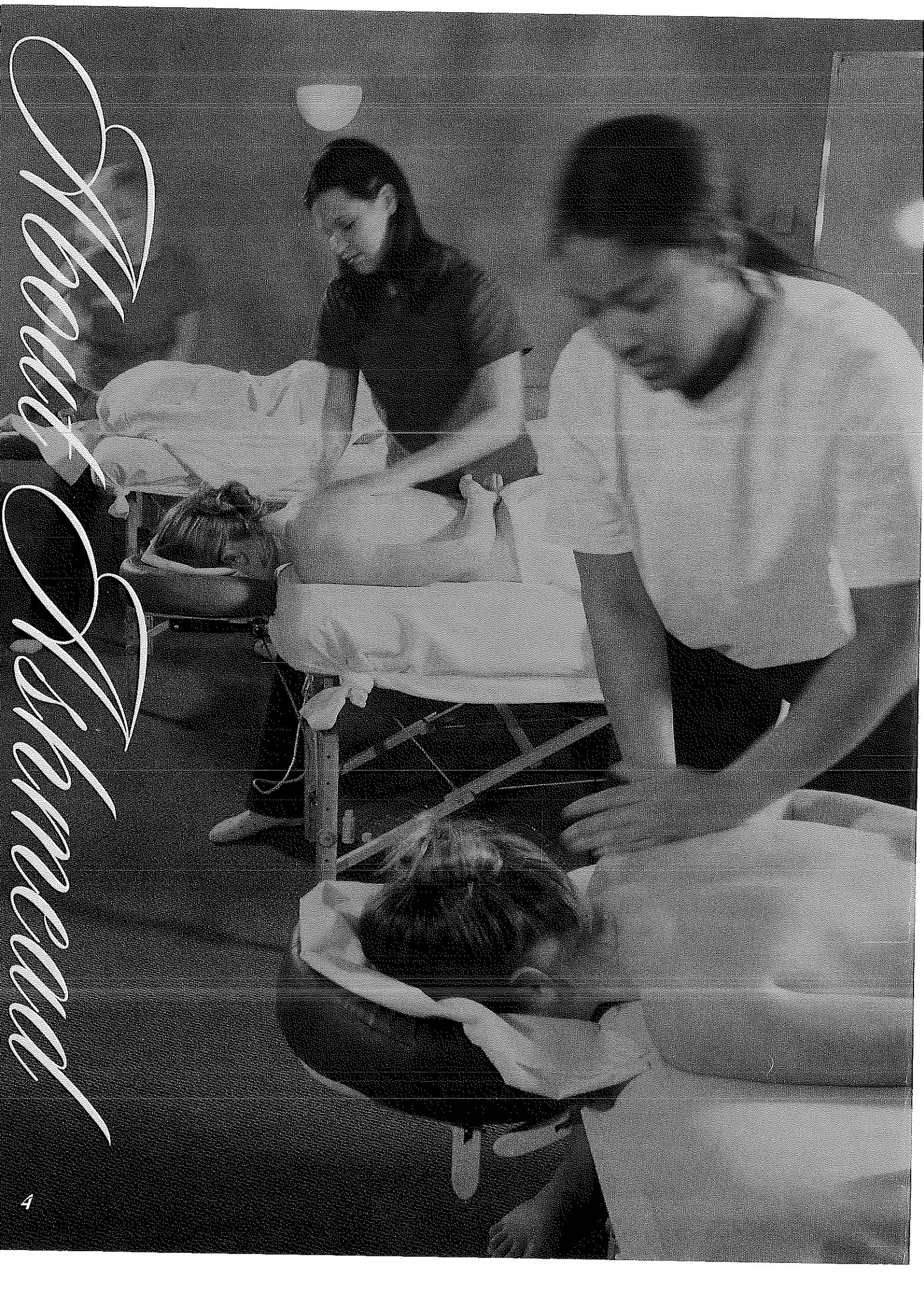
-

Currently offering valuable
and positive career choices
in Massage Therapy, Aromatherapy,
Spa, Clinical/Sports and Fitness Training,
we are rapidly expanding to meet the
growing demand for
well trained practitioners
in other complementary
health care fields.

TABLE OF CONTENTS

About Ashmead College	1-9	School Policies	35-47
Message from the President	1	Graduation Requirements	36
Ashmead College Philosophy	2	Academic Standards and Grading	36
History, Education Objectives	5	Repeated Coursework	37
Calendars	6-7	Course Incompletes	37
Class Size, Learning Aids, Equipment	8	Withdrawal or Termination	38-39
Program Length	9	<i>Reinstatement</i>	
		<i>Denial of Readmission</i>	
Programs	10-27	Leave of Absence	40
Massage	11-21	Standards of Academic Progress	41
<i>Professional Licensing Program</i>		Course Completion Contract	41
<i>Professional Licensing & Spa</i>		Exams & Quizzes	42
<i>Specialist Program</i>		Cheating	42
<i>Professional Licensing & Clinical</i>		Attendance	43
<i>Sports Massage Program</i>		Warnings / Probation	44-45
Fitness Trainer Program	22-27	Student Request for Change	46-47
		<i>Request for Change, Permanent Class Change,</i>	
		<i>Workshop Date Change, Rescheduling Procedures,</i>	
		<i>Campus Transfer</i>	
Admissions	28-29	Internship / Student Clinic Elective	47
Entrance Requirements	28	Tuition & Program Expenses	48
Application Process	28	Note to Veterans	49
Transferable Credits	28	Financial Aid	49-51
Credit for Previous Education	29	Process, Payment Options	49-50
Student Services	30-32	Federal Financial Aid, Loans,	
Counseling	31	Scholarships, Grants	50-51
Tutoring	31	State of Washington Support of	
TA's	31	Higher Education Students	51
Student Clinic Discount	31	Third Party Payment	51
Lost and Found	32	Delinquent Accounts	51
Campus Security	32	Refund Policies	52-54
Newsletter	32	Refund Before Entering Classes	53
Graduate Services	32-33	Refund After Entering Classes	53
Employment Opportunities	33	Students Residing in Washington	54
Job Placement, Placement Statistics	33	Students Residing in Oregon	54
Graduate Speakers Night	33	Appeals	55
Classroom Behavior		Complaint Procedures	55
& Responsibilities	34	Accreditations & Credentials	56
Classroom Conduct	34	Ashmead College	
Sexual Harassment	34	Administration	57
Attire	34	Campus Locations and Staff	57-59
CPR / First Aid	34	Mission Statement	60
Student Information	35		
Policy on Alcohol / Drugs	35		

*How to
Shave*



HISTORY OF ASHMEAD COLLEGE

Ashmead College was founded in September 1974 as the Seattle Massage School, to teach massage skills to people wishing to practice professional massage in Washington State. Throughout the 1980's and 1990's, Seattle Massage School was recognized nationally as an innovator and leader in massage education. Seattle Massage School was the first massage school in Washington to be licensed by the state, and the second massage school on the West Coast to receive national accreditation by the Accrediting Commission for Continuing Education and Training (ACCET). Seattle Massage School offered the first advanced course for continuing education in 1987.

To provide students with a well-rounded, real-world learning experience and to provide massage services to the community, an in-house Student Clinic was created in 1989. The Student Clinic has experienced such tremendous success that expansion has occurred annually to meet public demand for Ashmead's massage services. In response to employer demand, the school developed and implemented fourth term courses involving a Hospital Internship beginning in 1993 and a Sports Internship beginning in 1997, continuing our commitment to provide the greatest training opportunities for students.

In September 1991, the school opened its first branch campus in Tacoma to better serve students in this area. The second branch campus was opened in Everett in June 1993. To serve Southwest Washington and Northern Oregon, a third branch campus was opened in February 1999 in Vancouver, Washington. In July of 2002 Ashmead College celebrated the opening of its fifth campus in Portland, Oregon. The Portland Campus is located in Southwest Portland.

In 1999 the school adopted the new name, Ashmead College, which better reflects the geographic reach and scope of programs available across the nation for those who are seeking to make a difference and a good living. The **Fitness Trainer Program** was launched in November 1999 to support the growing demand for qualified and skilled professionals in the health and fitness industry.

EDUCATIONAL OBJECTIVES

Ashmead College provides students with an interactive learning environment with a firm foundation in both practical and theoretical education. The objective of Ashmead's vocational training programs is to prepare students to become successful practitioners in their fields.

The objective of the **Professional Licensing Program in Massage** is to prepare students to become successful massage professionals. Upon completion of this program, graduates are prepared to test for the Washington and Oregon State Massage Licensing Exams. For those who wish to specialize, additional training is available in the following areas: **Aromatherapy and Spa, and Clinical and Sports Massage**. Graduates of the Professional Licensing Program or "specialist" programs receive a Certificate of Completion from Ashmead College.

The objective of the **Spa Specialist Program** is to provide students with a sound theoretical base and the practical experience with aromatherapy and spa treatments and their uses for health and well-being. Students are also prepared to become successful massage practitioners.

The objective of the **Clinical and Sports Massage Program** is to provide students with a sound theoretical base and the practical experience in both clinical and sports massage settings.

The objective of the **Fitness Trainer Program** is to prepare students with the training necessary to work successfully within the thriving health and fitness industry. Graduates of the program are prepared to work in various health and wellness facilities and environments and receive a Certificate of Completion. The Fitness Trainer Program prepares graduates to sit for major certifications including: the National Strength Conditioning Association (NSCA), the American Council on Exercise (ACE) and the American College of Sports Medicine (ACSM).

SCHOOL CALENDAR

Seattle, Tacoma and Everett Campuses

ALL PROGRAMS			<i>Program End - Graduation</i>
TERM	Term Start	Term End	4-TERM
Spring 2003	March 3, 2003	May 16, 2003	Feb. 20, 2004
Summer 2003	June 2, 2003	Aug. 15, 2003	May 15, 2004
Fall 2003	Sept. 2, 2003	Nov. 14, 2003	Aug. 13, 2004
Winter 2003	Dec. 1, 2003	Feb. 20, 2004	Nov. 12, 2004

Portland and Vancouver Campuses

ALL PROGRAMS			<i>Program End - Graduation</i>	
TERM	Term Start	Term End	4-TERM	5-TERM
Spring 2003	April 7, 2003	June 20, 2003	March 19, 2004	June 18, 2004
Summer 2003	July 7, 2003	Sept. 19, 2003	June 18, 2004	Sept. 17, 2004
Fall 2003	Oct. 6, 2003	Dec. 19, 2003	Sept. 17, 2004	Dec. 17, 2004
Winter 2004	Jan. 5, 2004	March 19, 2004	Dec. 17, 2004	TBD

SCHOOL CALENDAR

FOR ALL ASHMEAD COLLEGE CAMPUSES

CLASS TIMES

Morning Classes:	8:00 am to 12:15 pm
Afternoon Classes:	1:00 pm to 5:15 pm
Evening Classes:	6:00 pm to 10:15 pm

Schedules may vary due to required clinic shifts, internships, study labs, or workshops. Days attended vary depending on the program. Please refer to your course syllabus for correct dates and times.

INCLEMENT WEATHER POLICY

The following is the policy for campus closure in the event of adverse weather conditions in the area of the individual campuses:

EVERETT – will be closed to students and faculty only when the Everett School District is closed. Outlying areas of Snohomish County will not affect Ashmead being open – only the Everett School District.

FIFE/TACOMA – will be closed to students and faculty only when the Fife School District is closed. Outlying areas of King and/or Pierce Counties will not affect Ashmead being open – only the Fife School District.

SEATTLE/NORTHGATE – will be closed to students and faculty only when the Seattle School District is closed. Outlying areas of King County will not affect Ashmead being open – only the Seattle School District.

VANCOUVER – will be closed to students and faculty only when the Evergreen School District is closed. Outlying areas of Clark, Clackamas, and Multnomah Counties will not affect Ashmead being open – only the Evergreen School District.

PORTLAND – will be closed to students and faculty only when the Tigard-Tualatin School District is closed. Outlying areas of Washington counties will not affect Ashmead being open – only the Tigard-Tualatin School District

Each student needs to listen to the local news and radio stations for the respective school district closures for each individual campus.

Late Starts - will only affect the morning classes. A two hour morning delay means classes start at 10:00 am. The remainder of the classes will run as scheduled.

Change in Weather - If there is a change in the weather during the day, all final afternoon and evening closure decisions will come from the Director of Administration through approval of the Vice-President of Administration.

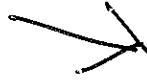
Student Attendance - Students are responsible for all materials covered when the weather keeps them from attending. When possible, Ashmead will make reasonable accommodations for the student if he/she is unable to attend due to inclement weather conditions.

Phone Coverage - May not be available depending on the weather conditions. If possible, Ashmead's administrative staff will make efforts to update the campuses' phone message, but students need to rely on local news and radio stations for announcements regarding school district closures for each individual campus.

SCHOOL HOLIDAYS

The school is closed on the following holidays: New Year's Day, Martin Luther King Day, President's Day, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day and the day after, Christmas Day.

Spa
Brochure



CLASS SIZE

The maximum class size is 24 to 1 for practicum and 48 to 1 for lecture. Additionally, classes may have Teaching Assistants available to provide students with even greater instructional guidance. Teaching Assistants are volunteers under the supervision of the instructor.

LEARNING AIDS AND EQUIPMENT

Ashmead College provides the most current equipment and instructional tools to enable students to achieve their learning objectives. For example, at each campus location, each massage classroom has portable massage tables with screens or curtains dividing the room. Learning enhancements include skeletons, muscle and bone charts, and anatomy models.

Each fitness trainer classroom has appropriate equipment for training students in body analysis, flexibility, endurance, and strength testing. Examples include: treadmills, exercise bikes, free-weights, and skeletons.

Aromatherapy/Spa classrooms are equipped with hydroculators, blending equipment, and essential oil kits.

PROGRAM LENGTH

PROGRAM	Duration / Maximum Terms	Credits	Hours	Graduation is based on successful completion of:
MASSAGE				
Professional Licensing	12 months / 4 terms 6 terms max. to complete	62.50	805.50	Terms 1 through 4
Professional Licensing and Clinical & Sports Massage Specialist	15 months / 5 terms 8 terms max. to complete	81.57	1,048.75	Terms 1 through 5
Professional Licensing and Spa Specialist	12 months / 4 terms 6 terms max. to complete	74.89	979.75	Terms 1 through 4
Clinical and Sports Massage Specialist	3 months / 1 term	19.07	243.25	Term 5
COMPLEMENTARY HEALTH				
Fitness Trainer Program	12 months / 4 terms 6 terms max. to complete	64.47	759.75	Terms 1 through 4

CREDIT CONVERSION

Ashmead College uses the following conversion factors to determine contact hours to quarter credits.

LECTURE

10 contact hours = 1 credit

LABS

20 contact hours = 1 credit

EXTERNSHIP

30 contact hours = 1 credit

Contact hours are defined as 50 - 60 minutes of classroom contact.

ENROLLMENT RESTRICTIONS FOR 5 - TERM AND SPECIALIST PROGRAMS:

5 - TERM PROFESSIONAL LICENSING & SPECIALIST PROGRAMS:

Only currently enrolled students who have progressed through Term 4 of the Professional Licensing Program may enroll in a 5-Term program: *Program: Professional Licensing and Specialist (Clinical & Sports Massage)*.

SPECIALIST PROGRAMS:

The Specialist Programs (*Clinical & Sports Massage, Spa Specialist*) will be available on a limited basis at some campuses and will run only when minimum enrollment goals have been reached. Please check with the Admissions Representative or Director of Administration to determine availability.

The school reserves the right to cancel or postpone any class with insufficient enrollment, or to modify the course work, revise the course contents, course title, and the sequencing of courses based on legislative, professional, or educational mandates or any other reason which the school may deem necessary.



Season of Love

MASSAGE THERAPY PROGRAM

Career options for Licensed Massage Practitioners/Therapists (LMP/LMT) extend far beyond private practice. Increasingly, their skills are sought by rehabilitation clinics, chiropractic offices, spas and resorts, corporations, sports teams, and sponsors of sporting events.

Other areas of demand include athletic training facilities and gyms, hospitals, birthing centers, orthopedic clinics, residential care facilities for the elderly and disabled, and alternative and complementary health care clinics.

There are many different types of massage. Some are named for the way the hands work. Others, such as Swedish and Thai massage, are named for the country where the form was first developed or practiced. Specialist massage involves specific kinds of work suited to particular demands.

Ashmead College is committed to teaching skills that enable practitioners to serve a wide variety of client needs. We teach a variety of specific skills for developing and running a successful massage practice.

A career in massage therapy offers the opportunity to help others, touch lives daily and become a positive part of people's health and well-being.



4 TERM Professional Licensing Program

TERM ONE

101 Anatomy & Physiology

Anatomy & Physiology 1 is an overview and beginning of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the chemical, cellular, and tissue levels of the human body, as well as the skeletal, muscular, and integumentary systems.

110 Kinesiology

The main focus of Kinesiology 1 is the study of the muscles of the upper body and posterior trunk. Students will learn specific palpation of each muscle and its attachments as well as the actions it produces. This course also covers basic anatomical terminology, basic arthrology and functions of muscle tissue.

112 Lab

Structured study time for the purpose of assisting students in achieving competency in each course. Students may have the opportunity to receive individualized help and to establish study groups.

119 Massage Theory & Practice

Practical hands-on aspects of Swedish full-body massage as well as the foundation of Swedish wellness massage. Students learn the history of massage and the profession today, the psychological impact of touch and safe touch protocols. Skills such as positioning and draping for client modesty, palpation, screening techniques, and medically-oriented record keeping are taught. Practitioner self-care, body mechanics, hygiene, infectious diseases and communication topics are also covered. Students experience all aspects of massage theory and practice through in-class practice and homework assignments at every level throughout the year.

Special Massage Theory & Practice topics include: AIDS Education (1 day)

Addresses client and practitioner concerns about AIDS in relation to massage. This course includes all requirements for health care professionals as identified by the State of Washington in the AIDS Omnibus Act for Health Care Workers and relates the required information for the safe practice of massage regardless of the practitioner's or the client's HIV status.

Seated Massage (3 days)

Teaches students how to massage a client in the seated position utilizing seated massage chairs and other adaptations. In addition, students explore the use of seated massage as a marketing tool, as an introductory tool for clients who have not yet received massage, and as an exclusive massage business tool. Students identify and experience the special adaptations needed by the practitioner in order to create and enhance this type of massage business.

Professional Development (1 day)

Devoted to exploring the communication skills necessary to establish, operate and maintain a healthy and professional massage practice. Students identify their own personal and professional beliefs and communication patterns. Discussions challenge students to identify how these patterns may affect their future massage practices.

130 Student Development (2 days)

Provided to students as an integral part of completing the Professional Licensing Program. Students begin developing their personal learning goals and understand more about school principles and philosophies, how they learn and how the curriculum is delivered. General communication and learning skills are introduced. Study strategies, test taking tips and class preparation are also discussed.

TERM 1 TOTALS

Credit Hours	15.83
Lecture Clock Hours	118.00
Lab Clock Hours	80.25

Spa Specialist and 4 TERM Professional Licensing Program

TERM ONE

Spa Specialist and Professional Licensing Program

Students in the Spa Specialist Program also take the following course in Term 1.

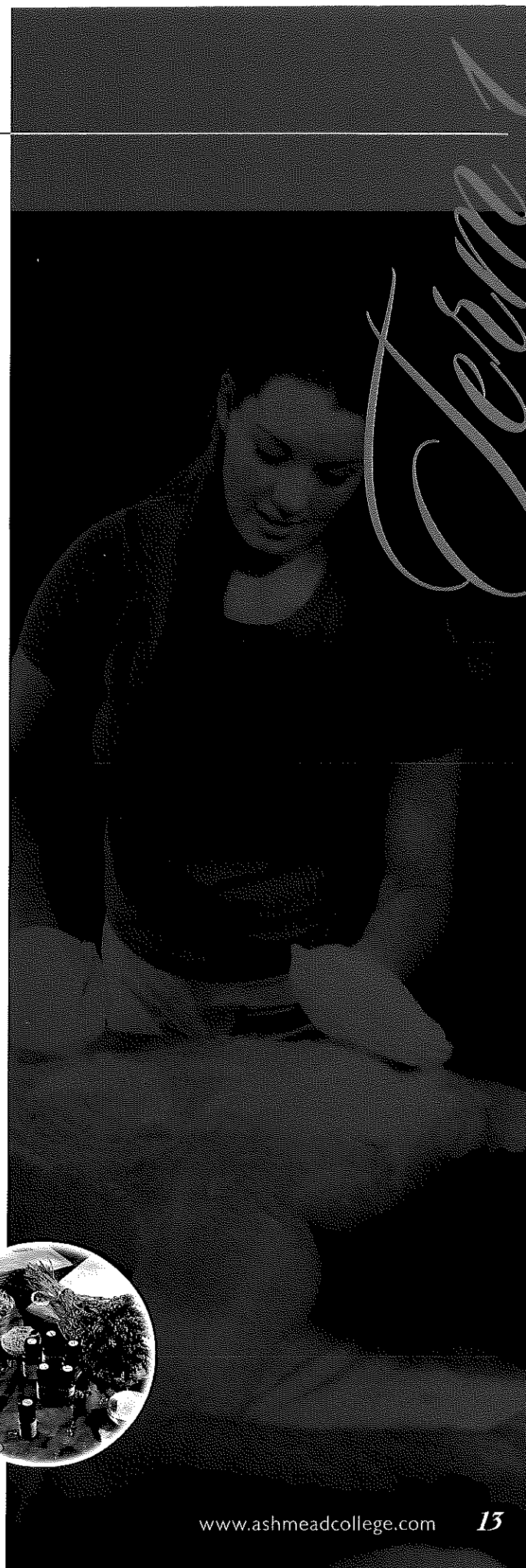
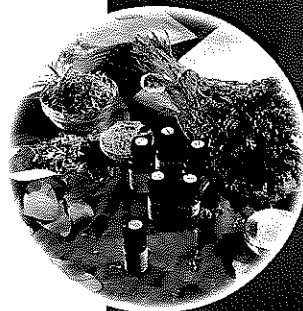
151 Aromatherapy Foundation

Students will receive training in aromatherapy that meets the National Association of Holistic Aromatherapy guidelines for a Foundation Certificate. Students will learn about the therapeutic properties of essential oils, methods of applying oils, blending techniques, treatment design and how to deliver an aromatherapy consultation and aromatherapy massage. This module forms the basis for blending and customizing spa product in upcoming modules and teaches the therapist how to better incorporate essential oils into a massage practice or spa setting.

TOTAL SPA SPECIALIST AND PROFESSIONAL LICENSING TERM 1:

Credit Hours	19.69
Lecture Clock Hours	148.50
Lab Clock Hours	96.50

*Spa
Clinic
Brochure*



4 TERM Professional Licensing Program

TERM TWO

Prerequisites: Completion of Term One

201 Anatomy & Physiology

This course is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the cardiovascular, respiratory, lymphatic, and immune systems, as well as the special topics of inflammation and tissue repair.

210 Kinesiology

Kinesiology 2 is a continuation of in-depth study of the muscular system. This term students focus on the muscles of the neck, leg and anterior trunk. Students continue to study the specific palpation of each muscle and its attachments as well as the actions it produces.

211 Lab

A continuation of a structured study time for the purpose of assisting students in achieving competency in each course. Students may have the opportunity to receive individualized help and to establish study groups.

219 Massage Theory & Practice

Students will continue to strengthen their Swedish massage skills while introducing and integrating the theory and practice of deep tissue massage and the proprioceptive technique of combining deep tissue with range of motion ("pin & stretch"). Students will learn how to safely and effectively work in areas of caution, assess posture & gait and document a case study on a client focusing on functional goals. Students will also learn the therapeutic uses of hydrotherapy, taking blood pressure, and how to safely massage pregnant clients to meet their special needs. Students will explore Massage Law and its relevancy to massage practice and attend a basic level certification course in CPR and First Aid.

Special Massage Theory & Practice topics include: Professional Development (1 day)

Devoted to exploring the legal and professional aspects applicable to establishing, operating and maintaining a healthy and professional massage practice. Students relate their own personal and professional beliefs with laws that currently exist and notice how these laws will affect their future massage practice.

Hydrotherapy (2 days)

The history, theory and practice of incorporating hot and cold applications with massage, physiological effects of heat and cold, indications and contraindications, and practical applications for specific treatment or general spa effects. Students directly experience physiological effects while applying and receiving various hydrotherapy applications.

Pregnancy (3 days)

Students learn specific information about pregnancy from trimester to trimester. Included are contraindications and indications, client positioning, practitioner body mechanics, application of Swedish and deep tissue techniques specifically for pregnant clients and addressing the common physical, emotional and mental issues relating to pregnancy.

CPR/First Aid

This basic level certification course is designed to give students the knowledge and skills necessary to respond in an emergency, to assist in keeping someone alive, and to reduce pain and minimize the consequences of injury or sudden illness until professional medical help arrives. CPR/First Aid (2 days or 1 weekend day) Multimedia American Red Cross First Aid is taught.

TERM 2 TOTALS

Credit Hours	16.10
Lecture Clock Hours	115.50
Lab Clock Hours	91.00

Spa Specialist and 4 TERM Professional Licensing Program

TERM TWO

Prerequisites: Completion of Term One

Spa Specialist and Professional Licensing Program

Students in the Spa Specialist Program also take the following course in Term 2.

251 The Spa Industry, Body Wraps, Spa Foot Treatments

Students of the Spa Specialist Program will develop an understanding of the spa industry and how spa treatments are designed. The student will learn how to enhance basic treatments with such skills as dry skin brushing, paraffin dips and hot towel steams. Students will learn a total of 9 different spa treatments to utilize in a dry room setting. In addition, further aromatherapy skills will be developed as students continue to create blends and customize product for treatments.

TOTAL SPA SPECIALIST AND PROFESSIONAL LICENSING TERM 2:

Credit Hours	18.92
Lecture Clock Hours	129.25
Lab Clock Hours	119.75



4 TERM Professional Licensing Program

TERM THREE

Prerequisites: Completion of Term Two



302 Anatomy & Physiology

Anatomy & Physiology 3 is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the urinary, reproductive, and digestive systems, as well as the special topics of pregnancy, nutrition, metabolism, body temperature regulation, and abdominal palpation.

310 Kinesiology

Kinesiology 3 examines the major synovial joints of the body and how to assess them. In this term students participate in an in-depth study of the structures of the trunk, shoulder, elbow, wrist and jaw. Students will learn active, passive, and resisted range of motion assessment for the shoulder, elbow and wrist.

319 Massage Theory & Practice

In-depth understanding of how to develop and apply treatment plans in relation to soft tissue disorders. Pathologies commonly associated with the upper body are covered as well as working with clients with chronic pain. Advanced massage techniques are introduced to strengthen treatment techniques previously covered.

Special Massage Theory & Practice topics include: Sports Massage (2 days)

Focuses on the theories of massage related to athletic training and the effects of massage on sports performance. Students will learn sport specific techniques for pre-event and post-event massage.

Professional Development (1 day)

Devoted to exploring the entrepreneurial, marketing, and communication skills necessary to establish and operate a healthy and professional massage practice. Students create and present a business/work plan that incorporates personal goals and legal practices. Students identify marketing strategies that support the successful execution of the business/work plan they create.

Chinese Medicine (4 days)

This course explores the conceptual foundations of Yin/Yang, introduces and reviews Chi, Five Elements, Three Precious Substances, 12 Organs, 12 Organ Channels and 8 Extras in Chinese Medicine; discusses the difference between Organ and Channel pathology, key function and pathway of Organ Channels, and key treatment modalities. The concepts of Reiki, Chakras, and Ayurvedic are also introduced.

346 Student Clinic

A safe, professional clinic setting where students learn by experience. Students identify key aspects of maintaining a practice, problem solve difficult situations, run the operations and delivery of service with instructor supervision and support. Students work with the public by providing massage for clients on a weekly basis.

TERM 3 TOTALS

Credit Hours	15.33
Lecture Clock Hours	104.00
Lab Clock Hour	98.50

Spa Specialist and 4 TERM Professional Licensing Program

TERM THREE

Prerequisites: Completion of Term Two

Spa Specialist and Professional Licensing Program

Students in the Spa Specialist Program also take the following course in Term 3.


351 Seaweed, Buff & Bronze, Cellulite & Firming Treatments, Spa Business

Students of the Spa Specialist Program will learn how to deliver algae (seaweed) and cellulite spa treatments as well as a firming face massage that can be delivered by a massage therapist as a stand alone treatment. They will also learn a Buff and Bronze treatment, one of the more popular and best income generating services currently at spas. A module on spa business teaches menu design, product sourcing and job hunting skills. The term concludes with a spa clinic for student guests.

TOTAL SPA SPECIALIST AND PROFESSIONAL LICENSING TERM 3:

Credit Hours	18.22
Lecture Clock Hours	119.25
Lab Clock Hours	125.75

Spa Pictures



4 TERM Professional Licensing Program

TERM FOUR

Prerequisites: Completion of Term Three

402 Anatomy & Physiology

Anatomy & Physiology 4 is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the nervous and endocrine systems. In addition, students will prepare and give short presentations to the rest of the class on pathologies of the human body.

410 Kinesiology

Kinesiology 4 continues to look at the major synovial joints. This class examines with the spine, focuses on the structure of the neck and progresses to the hip, knee and ankle. Students learn active, passive and resisted range of motion assessment for the neck, hip, knee and ankle.

419 Massage Theory & Practice

Focuses on how to develop and apply treatment plans in relation to soft tissue disorders of the lower body. Pathologies commonly associated with the lower body will be covered. All previously learned techniques are reviewed and advanced techniques introduced to augment the development of treatment plans.

Special Massage Theory & Practice topics include: Business Skills (3 days)

Explores the skills necessary to establish, operate and maintain a healthy professional massage practice. Students identify approaches to job or facilities search, resume preparation, career development, financial record keeping and insurance or L&I billing and marketing. Students are encouraged to become involved in shaping the profession.

Professional Development (1 day)

Devoted to applying the entrepreneurial, marketing, business and communication skills obtained in previous courses. Students will demonstrate their ability to make a professional presentation of their business/work plan. Students will obtain guidance and feedback from the instructor, peers, and Licensed Massage Practitioners working in the field.

Chinese Medicine (1 day)

A review of Eastern theory and the conceptual foundations of Yin/Yang as well as the five element theory, and meridians of the body. A variety of body work modalities will be explored.

446 Student Clinic

A safe, professional clinic setting where students learn by experience. Students identify key aspects of maintaining a practice, problem solving difficult situations, run the operations and delivery of service with instructor supervision and support. Students work with the public by providing massage for clients on a weekly basis.

449 Hospital or Sports Internship

May be taken during Term 4 instead of Student Clinic (not available at all campuses). Space is limited and students must apply, interview and be accepted into this course.

Hospital Internship

Students have the opportunity to give massage to patients in a variety of hospital wards with the assistance of Ashmead's supervising instructor. Students also give relaxation massages to the medical staff.

Sports Internship

Students have the opportunity to experience on-site massage clinical learning at fitness and sports facilities focusing on treatment for the athlete with the assistance of Ashmead's supervising instructor.

TERM 4 TOTALS

Credit Hours	15.24
Lecture Clock Hours	106.50
Lab Clock Hours	91.75

Spa Specialist and 4 TERM Professional Licensing Program

TERM FOUR

Prerequisites: Completion of Term Three

Spa Specialist and Professional Licensing Program

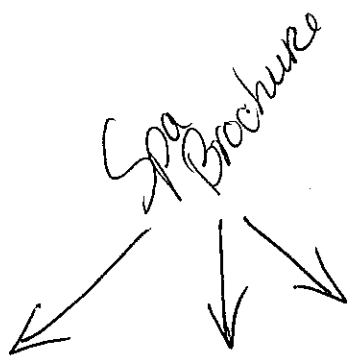
Students in the Spa Specialist Program also take the following course in Term 4.

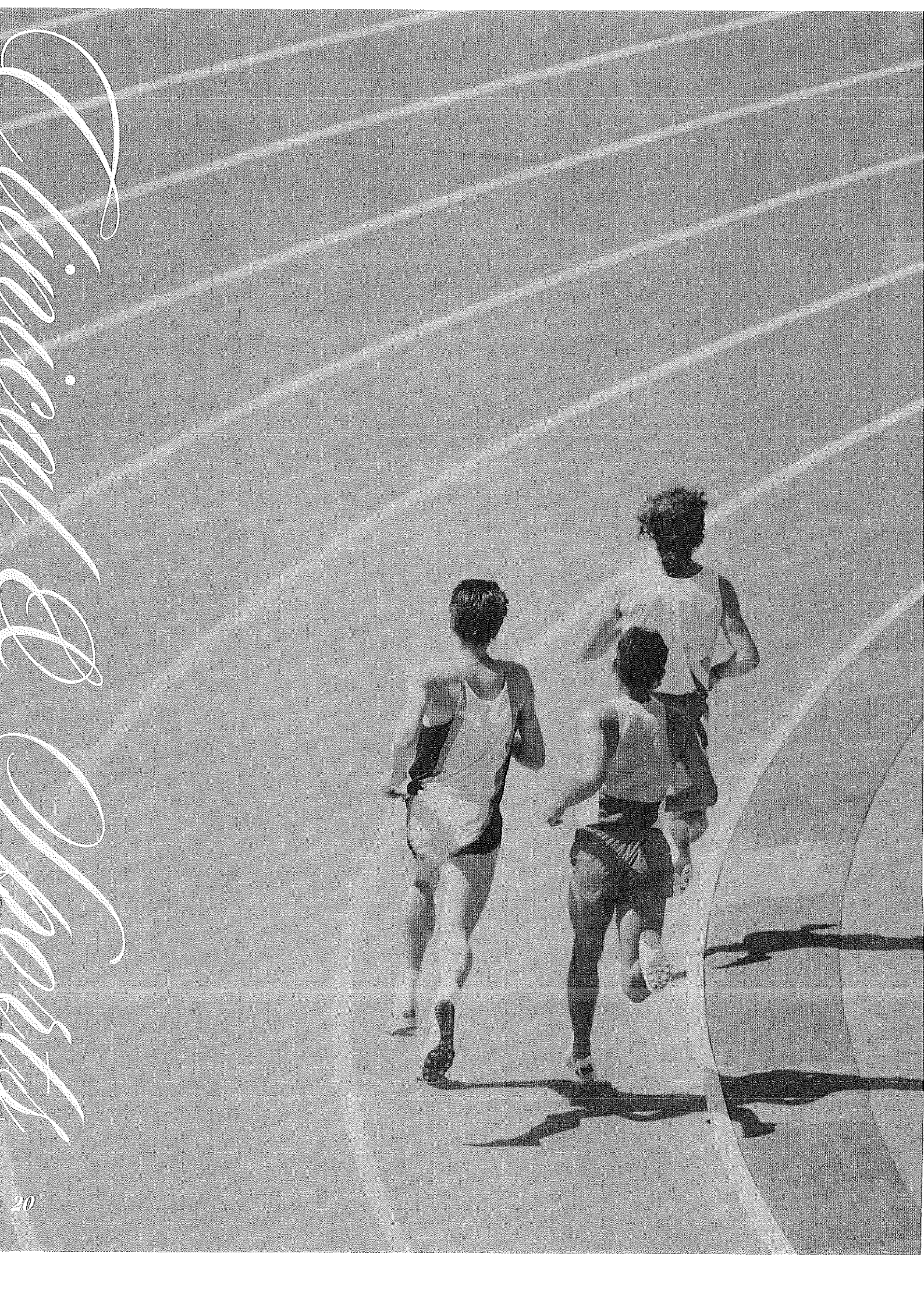
451 Mud/Clay, Eastern Inspired Treatments, Signature Treatments, Spa Run

Students will learn how to develop spa treatments that utilize different mud and clay products. They will also learn about the use of wet room equipment in order to enhance treatments. Students explore Eastern influences in spa treatments and create their own signature spa treatment. Towards the end of the term and the program, students will participate in a Spa Run which gives valuable experience in designing a menu, development and pairing of services, client management and flow between multiple services.

TOTAL SPA SPECIALIST AND PROFESSIONAL LICENSING TERM 4:

Credit Hours	18.06
Lecture Clock Hours	120.25
Lab Clock Hours	120.50





Be a runner

TERM FIVE SPECIALIST PROGRAMS

(Offered only at Vancouver Campus)

Selecting a specialized career path in the Ashmead College Term Five program will open the door to even greater opportunities in the burgeoning field of massage and complementary health. A small investment in time will expand your career options to the latest, in-demand specialty practices.

CLINICAL & SPORTS MASSAGE SPECIALIST

TERM FIVE

Prerequisites: Completion of PLP Terms 1-4 or State Massage License

Sports activities, fitness and training impose stresses on the body that can be prevented or relieved through specialized massage therapy. Massage techniques and an understanding of the body and mind can escalate the healing process. As a Sports Massage Specialist, you are afforded the opportunity to expand your knowledge of the application of massage in the prevention and treatment of sports-related injuries.

501 Anatomy & Physiology

Relates anatomical and physiological principles to fitness and athletic preparation. Designed to provide the basics of fitness principles and exercise prescription. Classes will include physiological responses to exercise, principles of strength, endurance and flexibility training, principles of exercise prescription and basic research design.

502 Kinesiology

A two-part class focusing on developing palpatory skills and isolated muscle testing to incorporate into assessments. Joint by joint, students will learn to isolate specific muscles to help in their overall injury assessment. The second part of the class explores force analysis during motion and using the information to help identify involved structures and possible causes.

503 Massage Theory and Practice

Designed to explore the theory and practice of clinical treatment with a focus on injury evaluation and treatment. Classes include integration of assessment with treatment plans using a variety of techniques and communication with medical professionals, psychology of rehabilitation and sports event management. The MTP class is designed to bring together components from the other classes in this program and provide comprehensive treatment strategies.

504 Business Marketing

Provides students with a better understanding of working in clinical settings. Marketing ideas, billing, professional interactions will be covered along with using resumes as marketing tools.

505 Advanced Injury and Assessment

Explores the basic concepts of orthopedic injury assessment thereby allowing the LMP to treat appropriately and to know when to refer to other medical providers. The class covers most common special tests which are accepted throughout the medical community and are easily incorporated into evaluations.

506 Sports CPR

A re-certification in CPR.

507 Sports Massage Clinic (Internship)

Designed to give students practical hands-on experience working with athletes. Students learn to interact with other medical professionals and gain better understanding of the role massage can play in rehabilitation.

507 Sports Massage Clinic (Events)

Over the course of the term students will be required to attend a minimum of 5 off-site sports events. Here students will provide sports massage to event participants.

TERM 5 SPORTS MASSAGE TOTALS

Credit Hours	19.06
Lecture Clock Hours	138.00
Lab Clock Hours	105.25





FITNESS TRAINER PROGRAM

Fitness Training is one of the fastest growing and exciting industries in America. As the public becomes aware of its need for personal fitness planning, qualified professional trainers and fitness coaches are in constant demand. The Ashmead College Fitness Trainer Program prepares

students to work independently as fitness professionals or in various settings in the health and fitness industry. Specific courses within the Fitness Trainer Program also prepare graduates for careers working with elderly, disabled, and other special populations.



TERM ONE

160A Anatomy & Physiology 1

Anatomy & Physiology 1 is an overview and beginning of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the chemical, cellular, and tissue levels of the human body, as well as the skeletal, muscular, and integumentary systems.

161A Fitness Programming 1: Healthy Populations

One of the most important roles of the fitness specialist is the ability to understand client needs and to create an appropriate exercise plan based on these needs. This class is designed to teach concepts of exercise prescription including cardiovascular, strength, flexibility, and core training in a healthy population.

162A Exercise Physiology 1

Explores the effects of exercise on the human body. This class will develop the scientific foundation in which all exercise programs will be based upon.

163A Kinesiology 1

Students learn the fundamentals of the musculoskeletal system and biomechanics. Kinesiology 1 will focus on upper body structure, function, and movement.

164A Nutrition & Exercise 1

An introduction to the fundamentals of nutrition as they relate to a healthy population. Students learn nutritional guidelines, discuss current trends in nutrition and complete a dietary analysis.

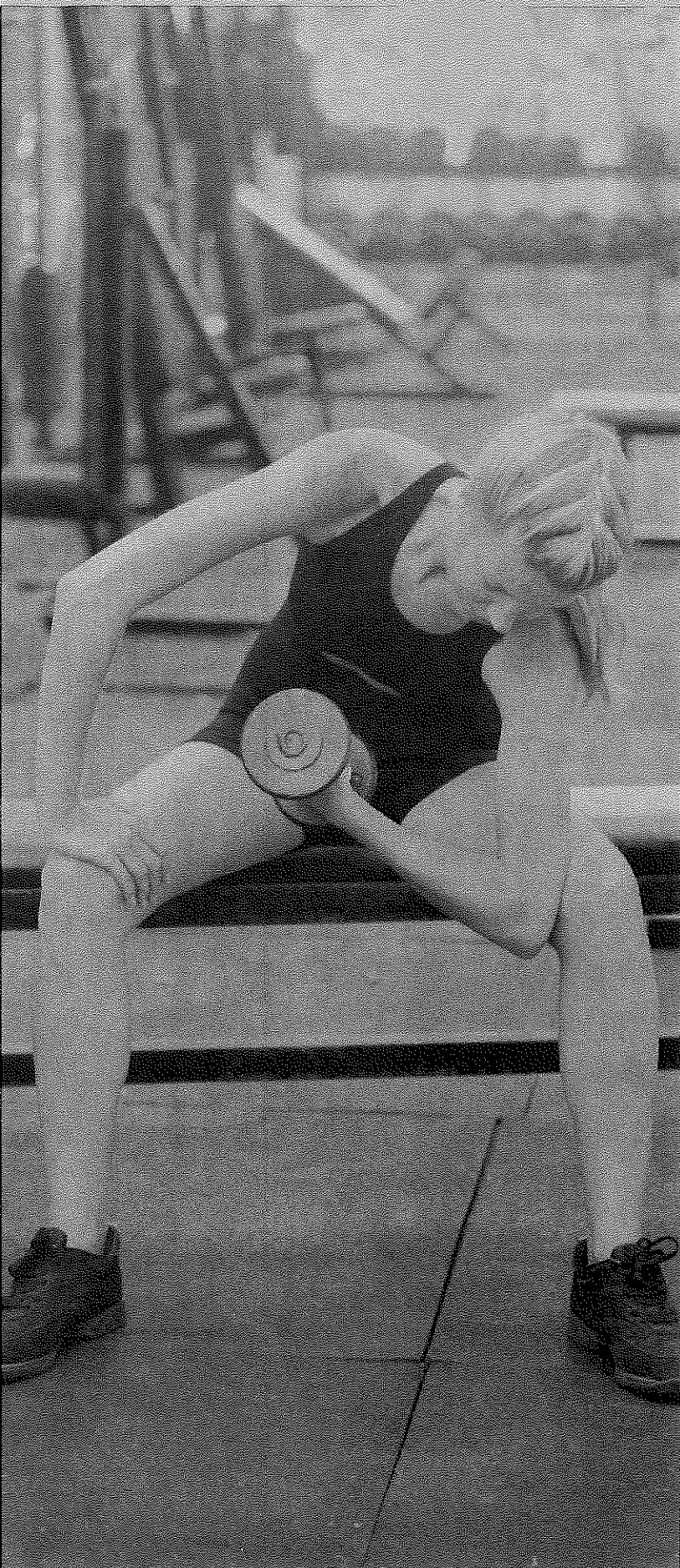
165A Student Development

Students begin developing their personal learning goals and understand more about school principles and philosophies, how they learn and how the curriculum is delivered. General communication and learning skills are introduced. Study strategies, test taking tips and class preparation are also discussed.

TERM 1 TOTALS

Credit Hours	16.56
Lecture Clock Hours	149.00
Lab Clock Hours	33.00





260A Anatomy & Physiology 2

This course is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the cardiovascular, respiratory, lymphatic, and immune systems, as well as the special topics of inflammation and tissue repair.

261A Fitness Programming 2: Special Populations

An introduction to the exercise requirements of special populations. Strategies for exercise prescription for those with various diseases and disorders will be examined.

262A Exercise Physiology 2

Exercise Physiology 2 will include physiological responses to advanced endurance and resistance training.

263A Kinesiology 2

As a continuation of Kinesiology 1, students will study mechanical concepts related to human movement of the lower body. Total kinetic chain movement will also be examined.

264A Nutrition & Exercise 2

Students will learn optimal nutrition for weight control and sport performance. Students will also discuss eating disorders, and the use of nutritional modification and exercise in a weight control program.

266A CPR/First Aid

This basic level certification course is designed to give students the knowledge and skills necessary to respond in an emergency, to assist in keeping someone alive, and to reduce pain and minimize the consequences of injury or sudden illness until professional medical help arrives. CPR/First Aid (2 days or 1 weekend day) Multimedia American Red Cross First Aid is taught.

TERM 2 TOTALS

Credit Hours	17.46
Lecture Clock Hours	159.00
Lab Clock Hours	31.00

Fitness Trainer

TERM THREE

Prerequisites: Completion of Term Two

360A Anatomy & Physiology 3

Anatomy & Physiology 3 is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the urinary, reproductive, and digestive systems, as well as the special topics of pregnancy, nutrition, metabolism and body temperature regulation.

361A Fitness Programming 3: Therapeutic & Rehabilitative Exercises

This class will address the specific requirements of clients undergoing rehabilitation. Students will learn common rehabilitation protocols and understand the role of the health fitness specialist in a comprehensive treatment program.

367A Fitness Assessment

This class is designed to introduce the basic concepts behind fitness testing and provide practical experience in the techniques of assessment of posture, blood pressure, heart rate, flexibility, muscular strength/endurance, cardiovascular fitness and body composition.

368A Group Exercise Instruction

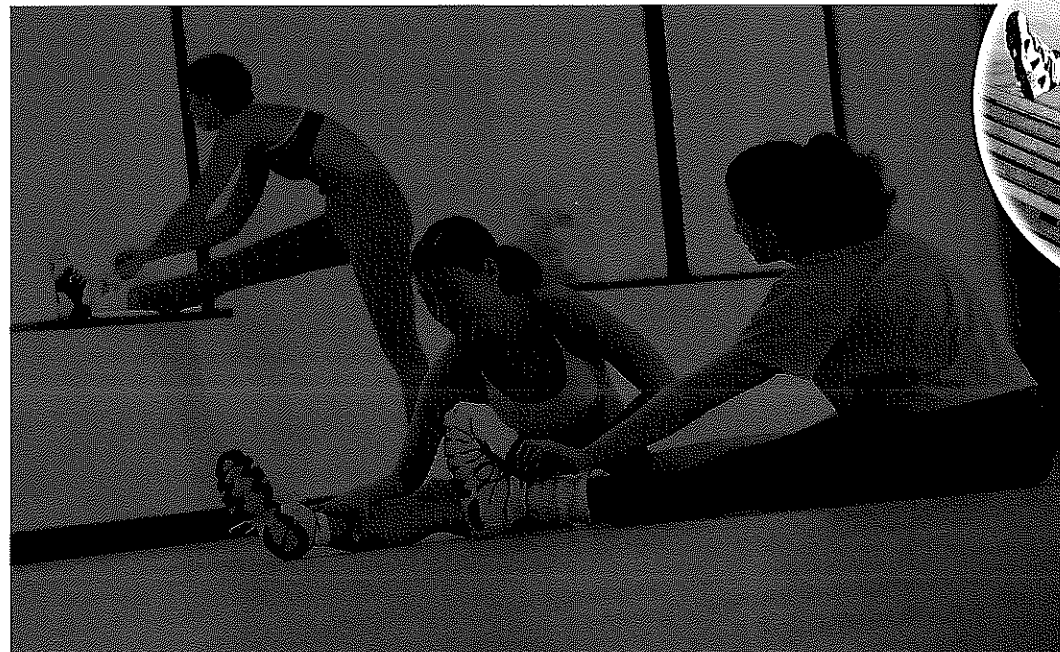
Examine factors involved with safely instructing a group fitness class and provide the opportunity for students to experience leading and participating in group fitness class.

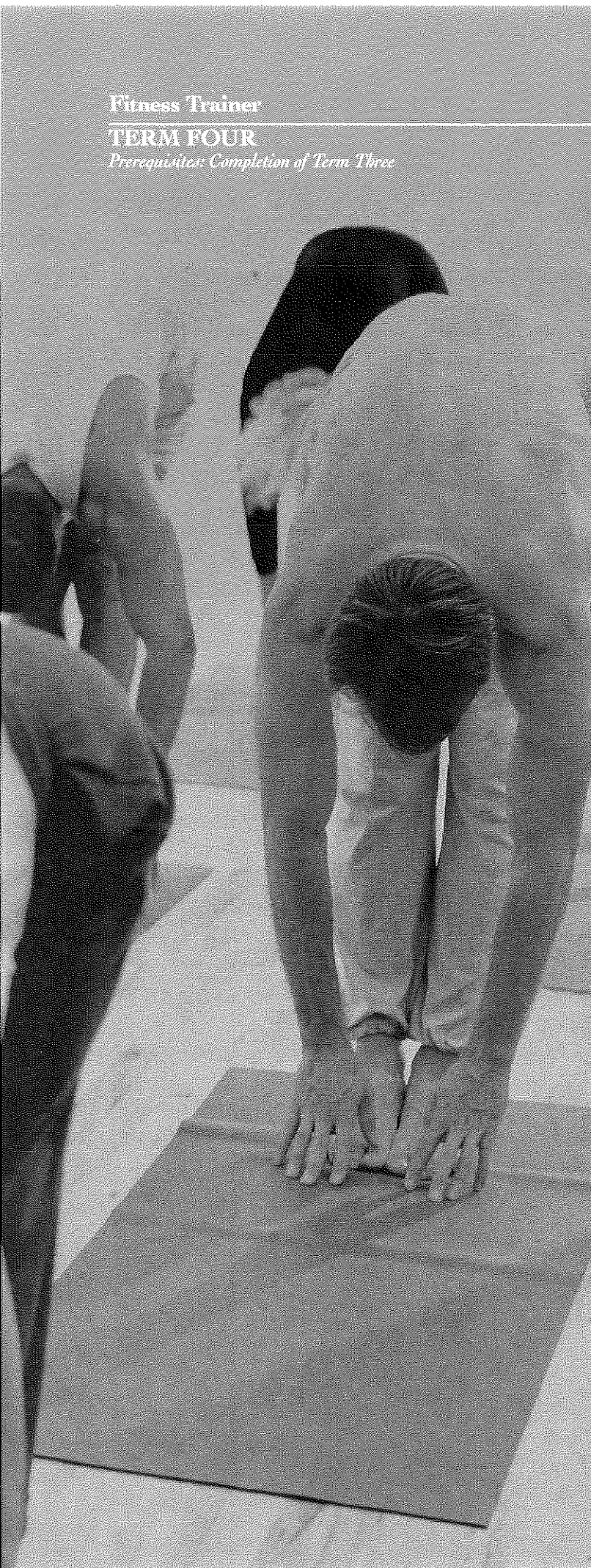
369A Marketing & Business Management

Students will develop essential business and marketing skills necessary to enter into the fitness industry. Liability insurance, business licenses, business plan development and creative marketing skills will be examined.

TERM 3 TOTALS

Credit Hours	15.74
Lecture Clock Hours	130.25
Lab Clock Hours	54.00





460A Anatomy & Physiology 4

Anatomy & Physiology 4 is a continuation of the study of the essential concepts of human anatomy and physiology. Students will learn terminology, structures, and functions relating to the nervous and endocrine systems. In addition, students will prepare and give short presentations to the rest of the class on pathologies of the human body.

461A Fitness Programming 4: Performance Enhancement

This class is designed to teach advanced training methods for all components of fitness, focusing on sports performance enhancement through high intensity training.

470A Health & Wellness Management

Health counseling and behavior modification skills will be developed to assist clients in exercise adherence, smoking cessation and weight management. ACSM health counseling protocol will be studied in addition to a review for the ACSM Health/Fitness Instructor examination.

471A Internship

In order to gain the experience necessary to be hired into a work setting, the internship will provide students with the opportunity to use their knowledge in an applied environment with real customers. Settings include various health, wellness, and fitness facilities and studios.

472A Legal Issues in the Fitness Industry

This course is designed to introduce students to the legal issues related to the field of health and fitness, focusing on scope of practice, negligence, liability and general fitness recommendations for clients

TERM 4 TOTALS

Credit Hours	14.71
Lecture Clock Hours	112.50
Lab Clock Hours	25.00
Internship Hours	66.00

APPLICATION AND ENTRANCE REQUIREMENTS

REQUIREMENTS

Applicants must successfully pass the entrance interview to enroll. Applicants are evaluated on the basis of their motivation and ability to benefit from our programs.

Applicants are evaluated without discrimination on the basis of age, sex, race, national or ethnic origin, religion, creed, sexual preference, or general disability. Applicants must be a minimum of 18 years of age upon graduation from Ashmead College, and be a high school graduate or have a GED.

Ashmead College will accept an application for admission before a student graduates from high school or receives his/her GED. However, the student will be required to submit proof of high school completion or GED before entering classes. In this situation, admission is contingent on receipt of the diploma, final transcript or other proof of completion.

As part of the admissions process, students complete a Confidential Health Intake Form. If contraindications for the selected program are present, a doctor's release will be required for admissions into the school. Applicants may be denied admission on the basis of health problems, poor hygiene, lack of financial capability, lack of physical capability, insufficient motivation, or exhibiting no ability to benefit from our programs. Ashmead will not enroll persons who have been convicted of a sexual crime (including, but not limited to: prostitution, sexual assault, molestation and rape). Students should be aware that felonies may affect the ability to be licensed in massage, and may affect admission into Ashmead College.

Note to applicants to the massage programs:

A criminal background check is performed by Washington State when an individual applies to be a Licensed Massage Practitioner and may be conducted for Oregon applicants. Consequently, if an applicant for licensure has been convicted of a felony, s/he may not be eligible for licensure. If an applicant has concerns regarding his/her eligibility for licensure, Ashmead

College recommends that s/he contacts the State Board of Massage for additional information.

Ashmead College facilities are wheelchair-accessible. Students are asked to identify any physical or learning needs during the admissions process. Student needs will be assessed on an individual basis and the institution will make a reasonable attempt to accommodate students. Ashmead College reserves the right to deny a student admission if the student is unable to meet the demands of the program and/or of the profession.

Introductory massage courses may be offered at each campus. Please contact the Admissions Department to schedule an interview or to inquire about the Day of Massage or Introduction to Massage workshops.

PROCESS

Applications are accepted and interviews conducted throughout the year. All applicants are screened and interviewed by our admissions staff. To become a student at Ashmead College individuals should call the campus s/he is interested in attending and schedule an entrance interview.

TRANSFERABLE CREDITS

Ashmead College has an articulation agreement with City University, in which Ashmead College students may transfer up to 90 lower division credits to City University. In order for a course to qualify to meet general education credits, the course must have a 2.0 or better grade in order to be transferred in. Elective credits must collectively have an overall 2.0 GPA. Upper division courses must have a 2.0 or better to be accepted for transfer. All other colleges reserve the right to transfer Ashmead College's credits at their own discretion.

CREDIT FOR PREVIOUS EDUCATION

Ashmead College will grant academic credit and advanced standing toward its certificates and diplomas based on a student's prior coursework at an accredited post-secondary institution. However, no more than 50% of the program requirements will be waived. A student must enroll and successfully complete at least 50% of the program offered by Ashmead College in order to graduate and receive a completion certificate.

A non-refundable \$100 fee will be charged for transcript evaluation. If the student enrolls, the funds will be applied towards the registration fee. This fee must be paid to the Registrar prior to evaluation.

A student may request academic credit for previous coursework under the following conditions:

1. The credits to be transferred were awarded within the last 24 months by an accredited post-secondary institution. (If coursework was completed over 24 months ago, a student may be allowed to waive a course by passing a competency test with a score of 80% or better, and the course meets all other conditions).
2. The student completed the course with a grade of "C" or better, at least 2.0 on a 4.0 scale.
3. The number of hours required to complete the course to be transferred must meet or exceed the number of hours required by Ashmead College for the same course.
4. The subject matter of the course to be transferred is determined by Ashmead College to be substantially the same as the subject matter of the course to be waived.

To have his/her prior coursework evaluated for transfer, the student should submit a written request indicating the courses for which he/she wishes to receive credit, along with official transcripts and course descriptions from each educational institution that awarded the credits the student desires to transfer. This information and the transcript evaluation fee should be submitted to the Registrar no later than one month prior to the start of the term in which the student wishes to enroll.

The Director of Education will review the information provided by the student. After evaluating the transcript(s), the Director of Education may require the student to take written or practical examinations in order to demonstrate that the student has sufficient grasp of the material covered in a given course. If a test is administered, the student must receive a score of 80% or better in order to receive credit for the course.

The Registrar will notify the student of the results of the review and make any adjustments to the student's schedule. If the student is granted credit for previous education, the student will receive a passing grade for the course denoted by a "P" on the Ashmead College transcript and be awarded the number of credits associated with the course. In addition, the student's tuition will be reduced by the cost of the course.

As credit for prior coursework may affect the student's enrollment status, it may affect eligibility for Financial Aid. The student should meet with Financial Aid after their transcript has been evaluated and their schedule established.



Calligraphy

STUDENT SERVICES

Ashmead College recognizes the importance of a strong system of support for students when they return to school and make the transition into a new career. In an effort to assist our students in this process, Ashmead College offers the following Student Services:

COUNSELING AND ADVISEMENT

A Student Services Advisor is available or can be made available at each campus to provide resources, encouragement, and advice. Faculty, Directors, and Registrars are available to discuss student progress or special needs.

TUTORING

Study & Tutoring Labs

All students are encouraged to attend the Study / Tutoring Labs, which begin the first week of each term. Instructors and graduates of Ashmead College facilitate labs, using educational books, materials, videos, and skeletal models. This is an environment geared for group study, interactive learning, and one-on-one assistance. Weekly lab is mandatory for all students enrolled in terms 1 and 2 of the Professional Licensing Program.

Independent Tutoring

Group or individual tutoring is available from a pool of graduates and teaching assistants. Ashmead College does not guarantee that tutors will be available each term. A list of tutors is maintained at each campus. Instructors are not available as tutors, due to the potential for conflict of interest with their role in the classroom. The student is responsible for scheduling the tutoring session directly with the tutor.

TEACHING ASSISTANTS

Ashmead College provides a continuing education program for advanced students and graduates who desire to learn teaching techniques. Second, third and fourth term students may apply to become Teaching Assistants (TA's) for classes they have taken. Graduates may become TA's for any level of the program. They have the opportunity to assist during practical classes and conduct presentations under the supervision of the instructor. TA positions are volunteer opportunities to increase skills and knowledge in the field of massage and education. Teaching Assistants receive a certificate worth up to eight hours of continuing education credit.

FINANCIAL AID

Title IV Federal Financial Aid is available to enrolled students who qualify. Applications are available at the school where a Financial Aid Officer is available to assist students individually to determine eligibility. Ashmead College currently participates in the Washington State Need Grant, Federal Pell Grant, Federal Stafford Loan, and Federal Plus Loan programs and the Ashmead Scholarship Loan Program. For more information see page 50 and/or contact the Financial Aid Office.

STUDENT CLINIC MASSAGE DISCOUNTS

Students receive discounted student clinic massages with presentation of a valid picture ID and an Ashmead College Student Identification Card. Students must follow all expectations outlined for regular clients.



LOST AND FOUND

Any unclaimed items (such as sheets, oils, notebooks, etc.) will be taken to lost and found. Valuables, such as watches or jewelry, will be taken to the front reception desk. Students should write their name on all books, oil bottles, and notebooks. Items will be retained for a maximum of 30 days, after which they will be donated to charity or discarded.

CAMPUS SECURITY

Campus security policies and crime statistics are available in the Campus Security Report. This report is updated and distributed annually. Copies are available at the school.

NEWSLETTER

This publication includes listings of current career and rental opportunities, upcoming events and articles about the massage and complementary allied health professions.

GRADUATE SERVICES

The first priority of our Graduate Services Department is to place graduates in meaningful employment in the area of their training. The Graduate Services Department follows the student from admission into the school to 90 days after placement. Job development is an important element of placement; the Graduate Services Coordinator makes contact with potential employers to develop job leads and direct referrals for Ashmead graduates. The Graduate Services Department maintains records on graduates for communication purposes and provides accurate information to potential students and the public. The Graduate Services Department also works with employers to improve the training of our students and the working environment of the Massage, Spa Specialist and Fitness professions.

EMPLOYMENT OPPORTUNITIES

Graduates have a wide range of interests and use the skills they gain through the program to participate in diverse career paths. After graduation, many graduates open their own businesses or work with established organizations such as chiropractic or physical therapy clinics, hospitals, salons, spas, resorts, cruise ships, health clubs, fitness organizations or sports teams.

The school pledges to assist graduates, wherever reasonable, to secure employment; however, no guarantee of employment is made.

The following services are available:

Job placement and job matching with employers.

Consultations for graduates seeking self-employment, including:

- Job search (resume, cover letter, proposal writing, etc.)
- Marketing (business card and brochure development, interview and phone skills, client garnering and retention, etc.)
- Business management (insurance billing, bookkeeping, business plan development)



Student Services

2002 GRADUATE PLACEMENT STATISTICS

ALL PROGRAMS:

Completion Average: 73%, Placement Average: 75%.

MASSAGE PROGRAMS:

Completion Average: 73%, Placement Average: 74%.

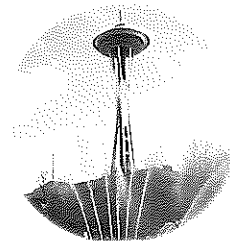
FITNESS PROGRAM:

Completion Average: 65%, Placement Average: 84%.

Fitness graduates are self-employed, or employed in fitness facilities, resorts, wellness centers, YMCAs, etc.

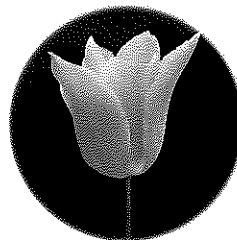
GRADUATE SPEAKERS NIGHT

Workshops are offered throughout the year providing further educational opportunities. Graduate speaker nights are networking forums and special interest opportunities.



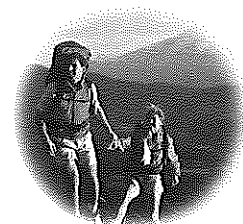
The beautiful

Pacific Northwest, home to Ashmead



College, offers numerous

recreational choices and a wide range of



communities to live and



work in.

Classroom Behavior & Responsibilities

CLASSROOM CONDUCT

Students are expected to conduct themselves in a professional manner at all times. Additionally, appropriate behavior in the learning environment, including regular and punctual attendance, is expected. Inappropriate behavior or conduct may result in a written warning or immediate expulsion from the school.

The school strictly enforces the practice of modesty with regard to the profession. Respect and sensitivity are expected to protect and ensure the modesty of students, instructors and the general public throughout the educational process. Any deviation from the standards may result in immediate expulsion. Students are to conduct themselves in a professional, legal, and cooperative manner that is not disruptive, harassing, dangerous to themselves or others, and that does not impede the progress of other students in the learning environment. Students are expected to maintain the classrooms and equipment at the same high level as expected in a professional clinic.

While the school is sensitive to the demands of home and family, children may not accompany a student to class or student clinic.

SEXUAL HARASSMENT POLICY

Ashmead College is committed to providing a learning and work environment safe from harassment and sexual harassment. To assure our employees, students and third parties have an environment safe from harassment and sexual harassment, we have established guidelines to address grievances and claims:

We have zero tolerance for sexual harassment, and have an application procedure in place for persons to file complaints alleging sexual harassment.

We will take measures to prevent retaliation to the persons presenting the claim, and take steps to ensure confidentiality.

We will make every attempt to provide impartial, adequate and reliable investigation of all complaints.

We will designate reasonable and prompt timeframes for the major stages of the complaint and investigation process.

We will provide notice to all parties involved of the outcome of the complaint.

We will take steps to prevent reoccurrence of any harassment and to correct any discriminatory effects on the complainant and others if appropriate.

To report an incidence of harassment, please contact the Director of Administration at the campus the incident occurred.

DRESS AND ATTIRE

The school's policy is to accommodate the students' needs for personal expression while providing guidance to promote positive public perception. Therefore, all clothing shall be clean, neat and in good repair. Instructors will provide guidelines on appropriate dress that presents a professional image and variations of appropriate dress for different professional settings (e.g., medical and chiropractic clinics, sports clinics and events, community service programs, private massage practice, various business settings, and interviews). Students are expected to adhere to explicit guidelines developed for use during student clinic and internship.

CPR/FIRST AID POLICY

All students must take CPR/First Aid in Term 2 unless the student shows equivalent CPR/First Aid training, to the Registrar, prior to Term 2 and receives notice of acceptance from the school. If the student shows proof and receives approval from the school, he/she will receive the attendance hours and a pass "P" grade for CPR/First Aid workshop. If the student does not take CPR/First Aid in Term 2, he/she must take CPR/First Aid at an outside agency and show proof of successful completion to the Registrar prior to the student's graduation date. A student that fails to complete the CPR/First Aid workshop at Ashmead or show proof of equivalent to the registrar will not be allowed to graduate and will be withdrawn from the program.

STUDENT INFORMATION

Application information is confidential. Students are guaranteed the right to access their student file, by written request. Student information will not be released to unauthorized persons or agencies without the written consent of the student.

ALCOHOL AND DRUG POLICY

Ashmead College is committed to providing an environment for teaching and learning that is not impeded by the presence of illicit drugs or alcohol. Therefore, any student who possesses, distributes, or uses illicit drugs is subject to immediate dismissal. In addition, the possession and consumption of alcoholic beverages on the school site or attendance while under the influence of alcohol or illicit drugs is not permitted. In compliance with the Federal Drug-Free Schools and Communities Act of 1989, all students and employees of Ashmead College are notified of the following policies:

1. The possession, use and/or distribution of illicit drugs and alcohol at any Ashmead College facility or school-authorized activity are prohibited.
2. Students who are found to be possessing, using, or distributing drugs or any other controlled substance will be subject to full criminal penalties under local municipality, State, and Federal law. Conviction can result in sanctions including probation, fines, and imprisonment.
3. Students found to be in violation of this prohibition will be subject to dismissal from the program. The following steps will be taken:
 - a. When it is discovered that a student is in violation of the policy stated above, the student will be confronted immediately by the appropriate Ashmead College personnel. Individuals confronted may be asked to leave the school immediately and the school will notify the proper authorities, if applicable.
 - b. Any student who possesses, uses, or distributes a controlled substance will be subject to dismissal from the school.

- c. Any student who possesses, uses, is under the influence of, or distributes alcohol on school premises will also be subject to dismissal.
- d. Instructors, administrators, and other Ashmead College personnel have discretionary power to confront a student with a suspicion that the student is in violation of this policy.
- e. Any student taking psychotropic or mood altering prescription drugs or over the counter drugs that have behavior-altering side-effects, is required to inform the instructor as it may affect the ability to give or receive massage.

Ashmead College maintains a list of community substance abuse and treatment agencies. This list is available from the school.

The identification, along with the uses and effects, of controlled substances and alcohol are included in the orientation packet. Students who are found to be possessing, using, or distributing drugs or any other controlled substance will be subject to full criminal penalties under local municipality, State, and Federal law. Conviction can result in sanctions including probation, fines, and imprisonment. Federal Trafficking Penalties are also included in the orientation packet.

Failure to adhere to Ashmead College policies will result in verbal reprimand or warning, written reprimand or warning, probation, and/or expulsion from the program.



GRADUATION REQUIREMENTS

In order to graduate and receive a certificate of completion, a student must have completed the following:

1. Achieved a Cumulative Grade Point Average of 2.0.
2. Attended a minimum of 75% of the total program in which they were enrolled.
3. Completed all required coursework, including workshops.
4. Have met all financial obligations to the school.
5. Completed Financial Aid Exit interview and all related materials. (Applies to Federal Student Loan borrowers only)
6. Met Graduate Services exit interview requirements and completed all relevant paperwork.

Certificates and transcripts will be withheld from students and outside agencies until all requirements are met.

Graduate services will also be withheld. A student may graduate from the program with the special designation of HONORS if the student has satisfactorily completed all graduation requirements, has completed the program within the time frame shown on the enrollment agreement with the school, and has a cumulative grade point average (GPA) of 3.5 or greater. The HONORS designation will be recognized on the Certificate of Graduation.

ACADEMIC STANDARDS AND GRADING

Grades are given for all lecture and practical courses. Grading is numerical, ranging from 0 to 4.0; grades are not rounded up to percentage. Statements of academic progress will be provided at the end of each term. Following are grades and grade point standards:

A	100 - 93%	4.0
B	92.9 - 85%	3.0
C	84.9 - 77%	2.0
D	76.9 - 70%	1.0
E	69.9 - 0%	0.0
P	0%	0

I= Incomplete; P= Pass; N= Non-Complete;

S= Satisfactory; W= Withdrawal; L= Leave of Absence;

*= Repeated Coursework.

No remedial courses are included in the curriculum, and there are no "withdrawal" grades. Students must complete all practical, lecture and special topic coursework in order to fulfill the graduation requirements.

PASS/FAIL

Ashmead offers select courses on a pass/fail basis.

Students who fail these courses will proceed through the probationary stages. Students are required to repeat and pass the courses in order to graduate. Fees for repeat credits will apply. The following is a list of courses at Ashmead that require a pass grade:

Number	Course Name	Credits
112	Lab	0.69
212	Lab	0.69
151	Aromatherapy Foundation	3.86
251	Spa Industry, Body Wraps, Spa Foot Treatments	2.82
351	Seaweed, Buff & Bronze, Cellulite & Firming Treatments, Spa Business	2.89
451	Mud/Clay Eastern Inspired Treatments, Signature Treatment, Spa Run	2.82
165A	Student Development	0.85
130	Student Development	0.85

A "P" grade will count as credits attempted and successfully completed but will not be calculated into a student's GPA. A failing grade in these courses will affect the student's GPA.

SATISFACTORY/NON-COMPLETE

Satisfactory "S" and non-complete "N" grades are used by Ashmead College to track successful completion of topics required to receive a massage license in the states Ashmead operates. Workshops offered at Ashmead include: AIDS Education & First Aid/CPR. The satisfactory "S" and non-complete "N" grades have no credit value and are not calculated into the student's GPA.

REPEATED COURSEWORK

A student who fails or does not complete a course will receive an "E" grade and will be required to retake the course before continuing in that topic sequence. Upon successful completion of a repeated course, the original grade will be notated with an * indicating the course has been repeated and a new grade assigned. The student's GPA will be recalculated based on the new letter grade.

Students will be scheduled to retake only the failed course the following term, charged a retake course fee, and may not be eligible for financial aid during the term the single course is taken. Students may be required to arrange self-pay or alternative financing for the cost of retaking the failed course(s). Once the failed course is successfully completed students will resume normal progression in other topics during their remaining terms, and be charged the remainder of the program tuition as applicable.

In extreme circumstances school officials may decide that a student is eligible to retake the failed course and continue normal progression in all other topics within the same term. If school officials determine the student can continue normal progress in other topics with the addition of the retake course, the student will be charged the retake course fee plus the normal tuition for the term. In this case, the student may continue to qualify for financial aid for the cost of the normal tuition.

A student who fails a course a second time may be allowed to retake the failed course again, but may not be allowed to enroll in any other courses for the term. A second retake will be allowed only if it is determined that satisfactory academic progress can be met and that the program can be completed within the maximum time frame. A student who fails a course a third time will not be allowed additional retakes. A student may be allowed in extenuating circumstances to retake a course which he/she has not failed. Tuition charges, refund policies, and financial aid policies stated in this catalog will be in effect in this situation.

The weeks attended during retakes or extended course schedules are considered enrolled time and are counted in refund calculations as applicable.

COURSE INCOMPLETES

A student may request an "incomplete" for coursework s/he has begun during the first three weeks of a term. If an "incomplete" is granted, an individual contract will be drawn up for each course. The contract will specify the academic, attendance and other requirements for completion of the course. The student will be required to return to class the following term at the same point in the term which s/he last attended. Attendance in the term prior to the request for "incomplete" will carry over to the next term. Coursework completed prior to the granting of the "incomplete" will carry over and count towards the final grade. A student may not take an "incomplete" from an individual course due to the nature of our programs.

Requests for an "incomplete" must be made in writing on the Request for Incomplete Form and submitted to the Registrar no later than the end of the third week of the term. When a student submits a request for an "incomplete", the student's academic status and attendance will be reviewed. If this review shows that the student is in good standing, the "incomplete" will generally be granted. The student should continue attending all courses until the request has been granted up to the Friday of the third week of the term.

For determining progression toward completion a grade of "I" is counted as credits attempted and not counted as hours "successfully completed". Once the student has successfully completed the course, the "I" is replaced with a letter grade and the GPA and satisfactory academic progress determination will be recalculated based on the new letter grade.

The school reserves the right to deny a request for an "incomplete" for any reason, including, but not limited to, a student's inability to successfully complete the course based on attendance or academic performance in the term prior to the request for the "incomplete". The student must also be able to complete the program within the maximum timeframe allotted. The student will have the option to withdraw and re-enroll if the request is denied.

If the student does not complete the coursework as outlined in the contract, the student will be withdrawn. The standard refund policy will apply.

ADMINISTRATIVE WITHDRAWAL

Students who withdraw in the progression of a term will receive a "W" with a credit value of zero. These credits are not considered "successfully completed" and do not count as credits attempted.

REINSTATEMENT

Students who withdraw or are dismissed from the program may apply for readmission by contacting the Registrar 30 days prior to the student's desired start date. Students may be readmitted provided they meet the admissions criteria, and have successfully completed any and all probationary or other agreements with the school. In addition, the school will review the student's financial obligations, and the student may be required to pay any outstanding balance. Readmission is at the sole discretion of the school. Readmission will be on the basis of space availability. Students who are readmitted will be charged tuition for the number of terms remaining in the program at the current tuition rate, plus any fees. Fees for repeated coursework also apply. If an Ashmead College program has been changed since the student last attended, the readmitted student is expected to fulfill all completion requirements of the school's current program in order to graduate.

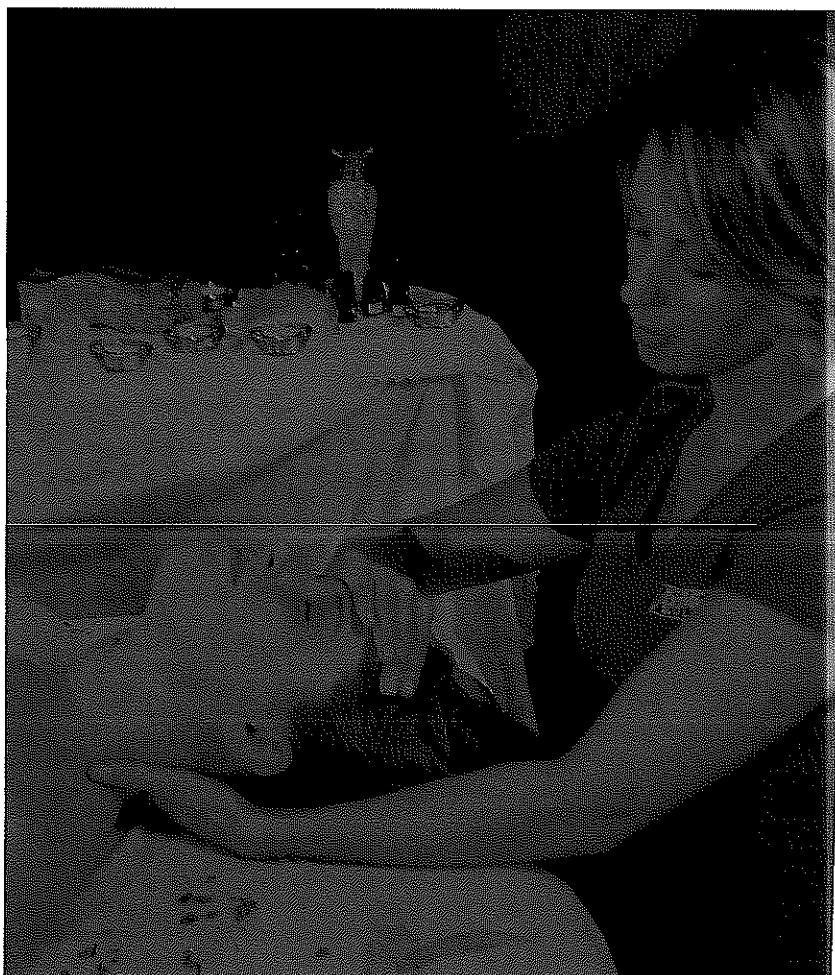
A student who has not been in attendance for a period of six months or less may be readmitted without testing. A student who has been withdrawn for a greater period is required to demonstrate academic readiness as determined by the Education Department through various evaluation methods.

A student returning to classes after withdrawing will be subject to a satisfactory progress analysis and determination applied to the previous period of enrollment. If the student failed to meet the minimum standards, but is returning after two or more years have elapsed, the prior status may be disregarded if he/she elects to begin the program again. Students not meeting the minimum standards of academic progress in the previous enrollment may be enrolled in a probationary status upon reentry. Students applying for readmission who have previously been awarded financial aid, or who plan to access financial aid, must reapply for aid with the Financial Aid

Department, and/or make arrangements for deferments of prior loans with their loan holder. Eligibility for financial aid may be reinstated when the student complies with the standards of academic progress. It is the student's responsibility to initiate reapplication for financial aid consideration and eligibility and to ensure that appropriate action is taken to keep prior student loans in good standing.

DENIAL OF READMISSION

Students may be denied readmission for lack of timeliness in completing assigned work, lack of space availability, failure to follow through on any previous agreements or probation, demonstrated lack of commitment to complete the program as shown by poor attendance and performance in previous periods, dismissal due to inappropriate behavior, demonstrated lack of ability to benefit based on past performance in the program, no effort demonstrated to meet financial obligations, and/or default on prior Federal Title IV loans received from Ashmead College. A student denied readmission may appeal that decision to the President of Ashmead College. The President's decision is final and cannot be appealed.



WITHDRAWAL OR TERMINATION

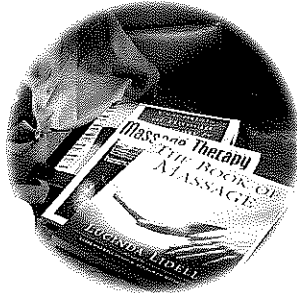
Students who withdraw or are terminated from the program must have an exit interview with the Director of Administration and the Registrar, and with a Financial Aid representative if Federal Financial Aid was received. Students may withdraw or be dismissed from the program for the following reasons:

1. Voluntary withdrawal: the student elects to withdraw from the program.
2. Failure to return from a Leave of Absence (LOA) or incomplete: the student does not return from an LOA or incomplete and does not notify the school.
3. Lack of available space following a LOA: the student cannot be placed in the returning term from LOA due to lack of class space.
4. Prolonged absence (over 30 days): the student fails to attend classes for 30 calendar days.
5. Attendance: the student misses 25+% of his/her term.
6. Failure to meet academic or behavior standards: the school may dismiss a student for failing to meet requirements of the school, including satisfactory academic progress and standards of behavior.
7. Failure to meet financial obligations with the school: the student does not fulfill the financial agreement with the school or does not complete necessary financial paperwork.
8. Failure to return from the term break within the first week of the following term.

If, per the school's Refund Policy, a refund is due, it will be processed within 30 days of the date of termination. For students with balances due to the school, payment is required in full by 30 days after withdrawal or termination, or the student must sign a contract refinancing the balance for payment beyond 30 days. Credit will be given only for courses completed and only course completions will be recorded on the official transcript. Transcripts are available after financial obligations are met.



↖ Spa
↖ Clinic
Brochure



LEAVE OF ABSENCE (LOA)

The agreement established between Ashmead College and an individual student is for a continuous program. Ashmead College discourages LOAs; however, the school acknowledges the need in certain emergency situations. An LOA is allowed for a maximum of one term, and only one LOA in a 12-month period may be granted. Requests for leave must be in writing to the Director of Administration or the Registrar. Students are required to use the Leave of Absence Request Form. An LOA may be requested from the first day of a term break to the final Friday of the term break. If the student begins the next term they are not eligible for an LOA. In addition, the student must have completed the preceding term to be eligible for an LOA.

The school will consider granting a leave of absence for medical, family emergency, or financial reasons. The written request must include documentation verifying the need for the leave of absence. The school will make every effort to grant the LOA in a timely manner. When a student submits a request for a leave of absence, the student's academic, attendance, and financial status are reviewed. If this review shows that the student is in good standing, the LOA will generally be approved. The Registrar will notify the student by letter within one week of the approval.

The school reserves the right to deny a request for LOA for any reason, including, but not limited to, a student's failure to maintain satisfactory progress in the program or current term; the student's probationary status, inability to re-enter at a term start, or the student's lack of performance in fulfilling the financial agreement with the school. If the request is denied, the student will be notified by mail, and will be given the opportunity to meet with the Registrar or Director of Administration to discuss other options.

A student who is granted a LOA remains obligated to the school for all financial agreements with the school. Monthly payments continue to be due as per the Retail Installment Contract. Students receiving Federal Financial Aid may be required to reapply for financial aid, or may receive a reduction in funding, in which case their tuition balance must be paid by the end of the original enrollment. It is recommended that students receiving financial aid meet with the Financial Aid Office prior to taking a LOA, and are required to meet with Financial Aid upon returning from LOA.

A student who fails to return from LOA will be considered a withdrawal. The student will be notified by letter to the address of record from the Registrar. If the student is withdrawn from the program, the standard refund policy will apply.

Students that take an approved leave of absence (LOA) will receive a "L" grade, with a credit value of zero, for the term. If the student does not return, as scheduled, from the approved (LOA) they will be withdrawn and the "L" grades will be changed to a "W".

REINSTATEMENT AFTER LOA

Whenever possible, an LOA student will be reinstated at the start of the next available term. The school cannot, however, guarantee that there will be space available. A student who is unable to be placed due to lack of space following a leave of absence will have to withdraw from the program, and re-enroll for the next term start. The student may choose to withdraw fully from the program rather than take the LOA. In either of these cases, the standard refund policy will apply.

Students who go on LOA status during a term break will be reinstated at the start of the next term the following quarter.

STANDARDS OF ACADEMIC PROGRESS

The program is taught in a sequential manner and requires each student to meet performance criteria for each course before moving to the next level. While the progress of all students is reviewed, those encountering difficulty in maintaining standards will be closely monitored. Those who need help can utilize a variety of options, including individual or group tutoring and study groups. All assigned work must be completed before the end of each quarter.

To be considered making satisfactory academic progress in their program of study, students must meet the minimum standards of academic progress. To maintain satisfactory academic progress, students must maintain the minimum cumulative GPA and be progressing at a rate that will

allow them to complete the program within the maximum time frame allowable. The maximum time frame allowable is one and one-half times the length of the program, as identified in the contract with the school.

Progress is measured in the following ways:

1. Progress in learning theoretical material is measured through quizzes and examinations.
2. Progress in learning practical material is measured through demonstration, student and instructor feedback, and practical exams.
3. In addition to class time, documented massage practice outside of class, study, and completion of assigned homework are required.

Evaluation Point	Credits Required PLP	Credits Required FTP	Credits Required PLP Spa	Credits Required PLP Sports	Cumulative GPA
End of 3rd Month	5	5	6	5	1.50
End of 6th Month	9	9	10	9	1.75
End of 9th Month	21	22	25	21	2.00
End of 12th Month	36	37	43	36	2.00
End of 15th Month	51	53	61	51	2.00
End of 18th Month	62.5	64.47	74.89	62.5	2.00
<i>Five Term Program only</i>					
End of 21st Month				72	2.00
End of 24th Month				81.57	2.00



COURSE COMPLETION CONTRACT

A student's grade for a course is a compilation of grades for homework/exchanges, quizzes, and examinations. If an instructor determines that successful completion of a course is in jeopardy or any portion of class work is deficient, a Course Completion Contract may be drawn up between the student and instructor. This procedure has been established to proactively monitor student achievement and support student success.

EXAMS AND QUIZZES

Students have up to one week to retake a quiz or written/practical exam and are required to utilize the specified times posted in the lab for quiz and written/practical exam make-ups. Students are required to sign up for a posted make-up time to retake any quiz or written/practical exam through the front desk or designee. A \$10.00 fee will be assessed to retake a quiz or written exam and a \$25.00 fee will be assessed to retake a practical exam. These fees must be paid before the student will be allowed to sit for the retake. The student will be required to show his/her receipt before being allowed to sign up to retake the exam or quiz. No refund will be issued if a student does not show up for the makeup exam and the student will receive a zero on the makeup exam.

A maximum of two makeups are allowed per term per class. Any further tests will result in a zero score. The highest grade a student can receive on any make-up quiz, practical/written test is 77% (C) or lower.

If a student wishes to appeal the fee or 77% maximum on a retake, he/she has three days from the day of the missed quiz, exam, and/or practical to submit his/her appeal to the Director of Education.

CHEATING

If a student is caught cheating, he/she must meet with the Director of Administration and will be given a formal written notice. The student will also be informed of the

future consequences if cheating continues as well as the need for personal integrity and ethics in the work environment. A second cheating offense will result in withdrawal of the student from Ashmead College.

If a student is caught cheating on a written or practical/competency exam, the exam will be terminated and the student will receive a zero on the exam. Students caught cheating on a written exam will not be re-evaluated. However, students caught cheating on a practical/competency exam will be required to make-up the practical exam, but will only be given one opportunity. Students must comply with the competency guidelines stated in the syllabus to pass the course and also must adhere to Ashmead's test retake/make-up policy.

If a student is caught cheating on a homework assignment he/she will receive a zero and will not be able make-up the assignment.

ATTENDANCE POLICY

Ashmead College is committed to helping students attain their educational goals. To assist in these efforts, regular attendance is required. All coursework must be completed to Ashmead College’s standards. The student is responsible for initiating procedures to make up any coursework missed.

Attendance is recorded daily - in 15 minute increments (rounded up) - at the beginning of each class and after each break. Attendance will be monitored daily by the Registrar and the Director of Administration. Absences will be discussed by campus staff at weekly tracking meetings. Hours absent will be the criteria used for the following.

Attendance will be tracked within each term.*

Hours absent in a term will result in the following:

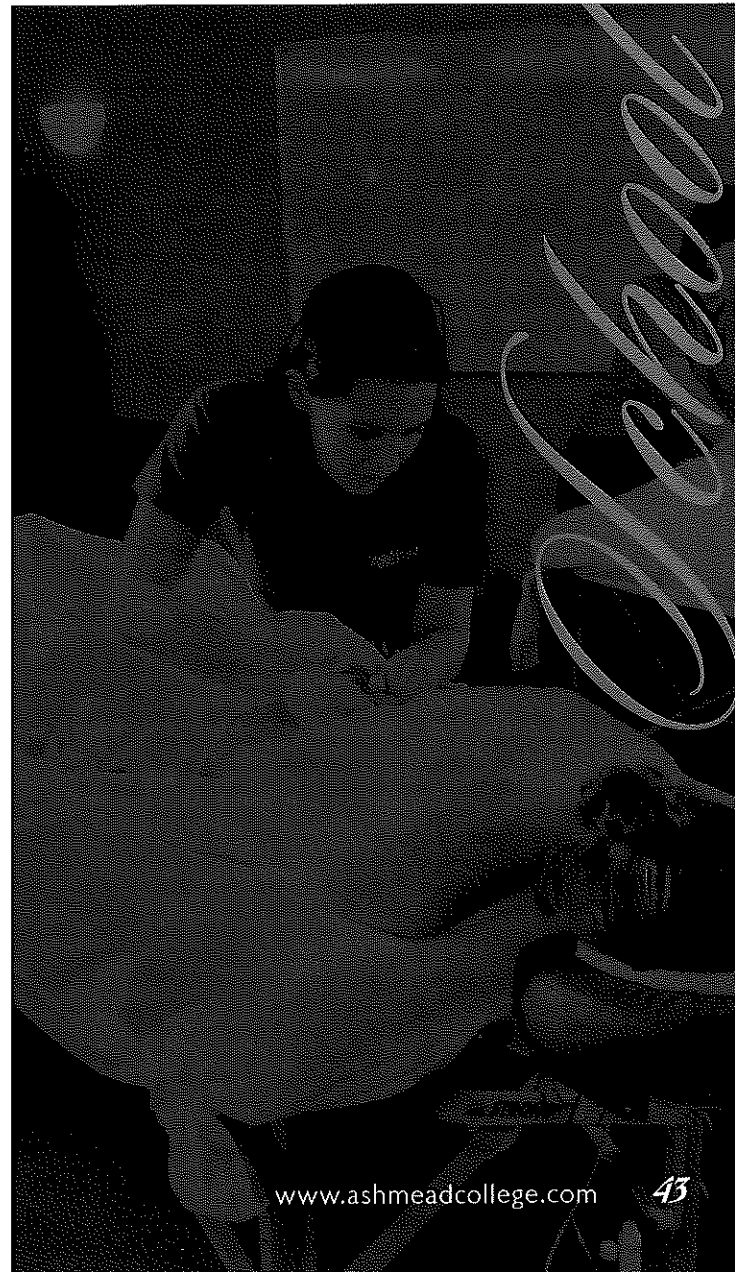
Programs:	Warning	1st Probation	2nd Probation	Termination
4 Term Programs:				
Professional Licensing	21 Hours	31 Hours	41 Hours	51 Hours
Fitness Trainer	18 Hours	27 Hours	36 Hours	45 Hours
Professional Licensing Spa Specialist	25 Hours	37 Hours	50 Hours	62 Hours
5 Term Specialist Program:				
Clinical/Sports	24 Hours	36 Hours	48 Hours	60 Hours

***Cumulative program absence may not exceed 25%**

Academic requirements may include attendance and participation as reflected in the specific course syllabus. Regular, punctual attendance is essential to successful completion of the program. Students are expected to attend all classes as scheduled. Students are informed throughout their enrollment of the importance of regular attendance. Attendance is discussed during Student Development, Financial Aid entrance workshops, and during the first class day of each new course.

Absences and tardiness is cumulative throughout the term. Tardiness will be accrued and counted toward the total program hours of absence. Attendance will be taken during the first 5 minutes of the scheduled class start time. Any student arriving late or leaving early for a scheduled class will be considered tardy. Example: If a student arrives 20 minutes late to a class he/she will be recorded as 30 minutes late.

Student Clinic and Internship students are responsible for arranging for make-ups with the instructor for coursework only. Attendance hours cannot be made up. See the Student Clinic Handbook or Internship Syllabus for policies, procedures and protocols on make-ups.



WARNING NOTICES

Warning notices may be issued to students who are in jeopardy of probation, unsatisfactory progress in their program of study, or termination. This is a proactive measure provided to support the continued success and satisfactory progress of all students. Lack of response to warning notices may result in termination from the school. A student may receive a warning notice for any of the following circumstances:

Academic Warning

Students will receive an Academic Warning Notice for any "E" grade received, provided their cumulative GPA is above the minimum standard for satisfactory progress. Students receiving Academic Warning Notices are eligible for, and are encouraged to attend lab and tutoring services for the area(s) of deficiency. This will be arranged through the instructor and the Director of Education.

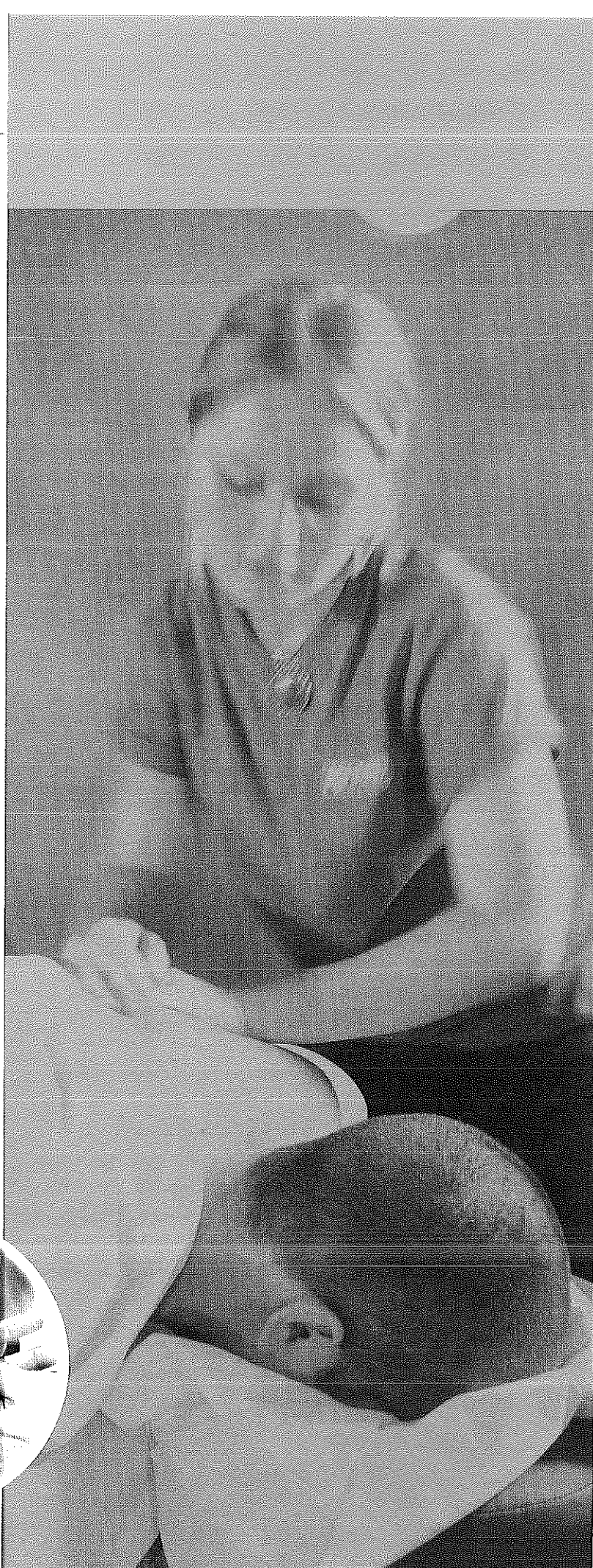
Behavioral Warning

Students will receive a Behavioral Warning Notice for exhibited and documentable inappropriate behavior will be expected to change their behavior. Lack of response to Warning Notices may result in termination from the school or an additional Warning Notice. Behavioral infractions are tracked throughout the entire program.

Financial Warning

A student who fails to fulfill the financial agreement with the school, complete financial aid paperwork, maintain financial aid eligibility, or whose account becomes delinquent will receive a Financial Warning Notice.

*Spa
Clinic Brochure*
↓



PROBATION

An Ashmead College Administrative Representative (Registrar, Director of Education, Director of Administration, or VP of Administration) will issue a Notice of Probation if academic progress is not satisfactory. A student who falls below the minimum GPA standard and/or fails to complete the minimum number of credits needed to meet the minimum course completion standards at the end of the evaluation period will be placed on Probation.

Academic Probation does not exceed 90 days (excluding term breaks), and the exact length of probation and specific objectives are given at the time of notification. A student on probation is considered to be making satisfactory progress.

The Notice of Probation identifies the area(s) that are deficient, the school representative to meet with, and the date/time the meeting with the school representative should take place. The student is responsible to meet with the assigned school representative to discuss the reasons for and the terms of the probation. If necessary, the student and a school representative may prepare a written agreement to support the successful correction of the probationary situation. Copies of any written agreements are given to the student and the original is placed in the student's file.

If at the end of the probation period the student has completed the objectives of the probation, the student will be removed from probationary status. If the student's cumulative GPA and/or cumulative credits are below the minimum standards, the student will meet with a school representative to discuss the student's ability to complete the program.

At the school's discretion, a second probationary period may be allowed, provided it is determined that it is possible for the student to achieve the minimum academic progress standards by the end of the second probationary period. A student who is not allowed a second probationary period will be terminated from the program. A student who is allowed a second probation period and achieves the objectives of the probation will be removed from probationary status. If at the end of the second probationary period, the student's cumulative GPA and/or cumulative credits are below the minimum standards, the student will be terminated from the program. No more than two probation periods may be granted during a student's enrollment.

No more than two probation periods may be granted during a student's enrollment.

If a student who has been removed from probationary status after achieving the objectives of a first probation period fails to meet the standards in a subsequent term, the school will follow the above-stated policy for a second probationary period identified above.

If a student who has been removed from probationary status after achieving the objectives of a second probation period fails to meet the standards in a subsequent term, the student will be terminated from the program.

School Policies

PERMANENT CLASS CHANGE

Students may request a class change by filling out the appropriate section of the Student Request for Change Form and forwarding it to the Registrar. Except in an emergency, permanent section changes are only granted over a term break effective the following term. Changes of this kind are subject to space availability and approval by the Registrar. In case of emergency, e.g., change in work schedule, requests for Permanent Section Change will be reviewed at any time during the term. Documentation may be required. The request will be approved if there is space in the class the student is requesting. Space is determined by appropriate student/teacher ratio and classroom size. If space is not available, the request will be approved only if the student can find another student in the other class who is willing to switch.

Change requests may not be allowed for individual courses (such as only Kinesiology or Anatomy and Physiology). A student must request a change of the assigned class, which will result in a change to the schedule for all courses. The student will receive notification of approval or denial within one week. Students remain in the originally assigned class until they receive official notification.



WORKSHOP DATE CHANGE

Any request for a workshop change must be submitted 48 hours prior to the scheduled date. Students complete the appropriate section of the Student Request for Change Form and submit the form to the Registrar. The Registrar will notify the student of approval or denial within two days of receipt of the form.

Students are expected to complete the First Aid/CPR workshop at the time it is offered during their program. Consequently, if a student misses the First Aid/CPR workshop, a \$35 charge will be assessed to their student account. The charge must be paid before the Registrar will register the student for another workshop date. Additionally, students who have not completed this workshop by the end of his/her third term will be required to take the course elsewhere and submit proof of completion to the Registrar in order to graduate.

RESCHEDULING PROCEDURES

If a student does not attend a special topic workshop, the student must reschedule with the campus Registrar as soon as possible. Space in the next available class is not guaranteed. Students are scheduled when space is available.

CAMPUS TRANSFER

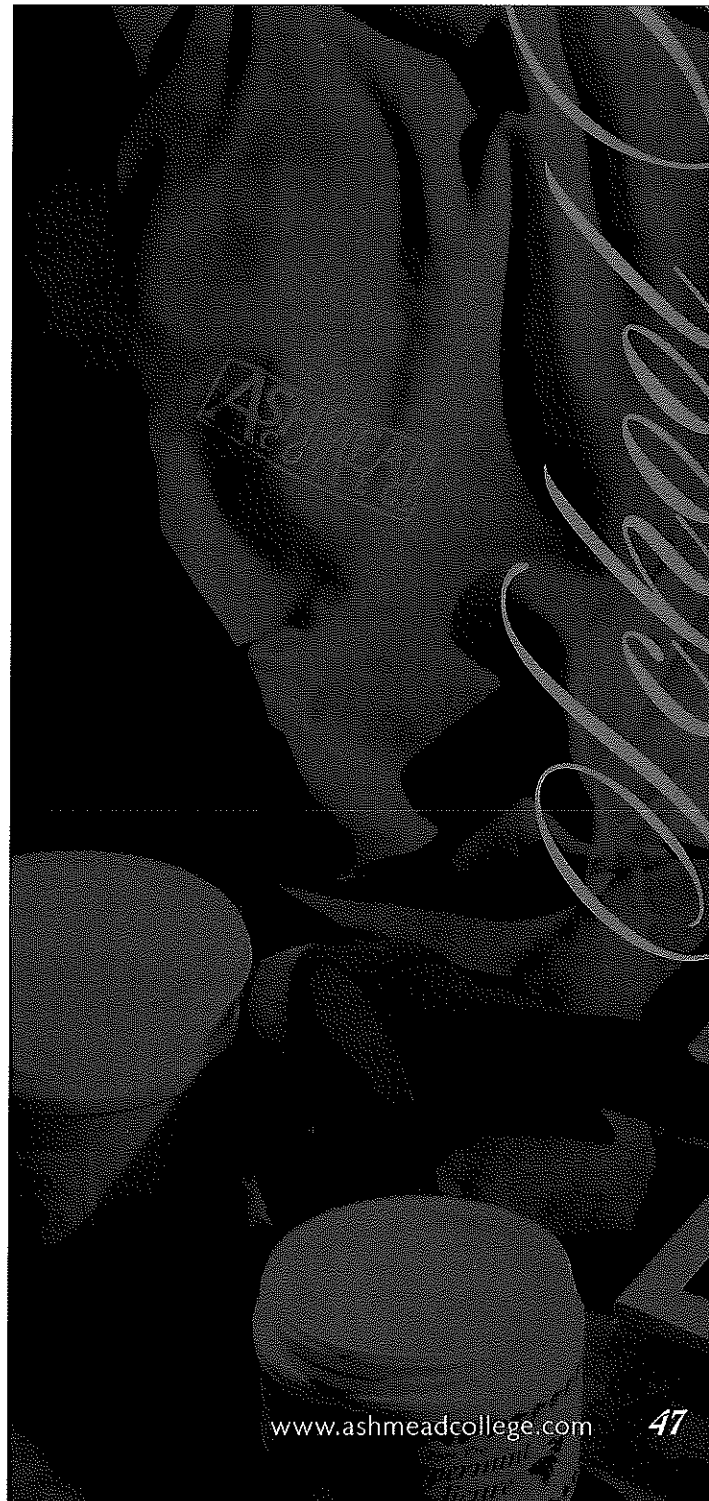
After enrollment, students are expected to complete the program at their original campus. In cases of emergency, students can apply to change to a different campus by completing and submitting the Student Change of Status Form. Requests will be reviewed and approval will be based on classroom availability. Transferring students are responsible for arranging an orientation at the new campus. Transfers between campuses are only allowed during the term break.

STUDENT REQUEST FOR CHANGE

It is the student's responsibility to keep the school informed of all name, address, and phone number changes. Students must complete the appropriate sections of the Student Request for Change Form, available from the Registrar, and forward the completed form to the Registrar when a change occurs.

INTERNSHIPS AND STUDENT CLINIC ELECTIVE

Students can add Student Clinic, Sports Massage Internship or Hospital Internship as an elective by completing and submitting the Student Change of Status Form. If a student decides to add these as electives, credit will be given on the transcript for each additional course. Students will be charged for the additional courses.



TUITION AND PROGRAM EXPENSES

PROGRAM	FOUR TERM			FIVE TERM SPECIALIST		TERM FIVE SPECIALIST ONLY	
	Massage Professional Licensing	PLP & Spa Specialist	Fitness Trainer	PLP + Clinical & Sports Massage	PLP + Aromatherapy & Spa	Clinical & Sports Massage	Aromatherapy & Spa
TUITION:							
Registration Fee	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00
Supply Fees		\$800.00 ²			\$300.00		\$300.00
Required Textbooks	\$435.00	\$435.00	\$435.00	\$590.00	\$590.00	\$155.00	\$155.00
Tuition Per Term:							
Term 1-4	\$2,868.00	\$3,489.00	\$2,868.00	\$2,868.00	\$2,868.00	\$3,061.00	\$3,061.00
Term 5				\$3,061.00	\$3,061.00		
Total Tuition	\$12,007.00¹	\$15,291.00¹	\$12,007.00	\$15,223.00¹	\$15,523.00¹	\$3,316.00	\$3,616.00
SUPPLIES:							
Misc. supplies (variable)	\$300.00	\$300.00	\$0.00	\$350.00	\$300.00	\$50.00	\$0.00
Massage Table and Accessories	\$700.00	\$700.00	\$0.00	\$700.00	\$700.00	\$0.00	\$0.00
Total Supplies	\$1,000.00	\$1,000.00	\$0.00	\$1,050.00	\$1,000.00	\$50.00	\$0.00

¹ Tuition includes the cost of SOAP PAD workbooks.

² The \$800.00 Supply fee for the PLP & Spa Specialist Program is assessed each term, \$400.00 term one; \$133.00 term two; \$133.00 term three; \$134.00 term four.

NOTE TO VETERANS

All Ashmead College campuses, except Portland, qualify for veteran's benefits. Any student who is eligible to receive veteran's education benefits cannot claim these benefits for any portion of Ashmead College programs taken by the student in his or her program of study that the student previously successfully completed, as determined in accordance with U.S. Department of Veterans Affairs regulations. Each student eligible and desiring to receive veterans educational benefits while attending Ashmead College must provide the college with official transcripts for all previous post-secondary education and the student's military discharge document DD214 prior to the first scheduled class in the student's program of study.

PAYMENT OPTIONS

Ashmead College offers a variety of payment options to assist students. All plans require a \$100 registration fee be paid at the time of application for admission. A tuition deposit of at least \$1,457 is due on or before the 15th of the month prior to the start of class. An additional tuition deposit may be required depending on the payment plan selected by the student and the student's creditworthiness. Qualifying students may use Federal Financial Aid or other funding to cover the tuition deposit, but may not use it to cover the \$100 registration fee.

Students attending Washington campuses only: if all tuition owed by a student is received by Ashmead College no later than the first week of classes, the student will receive a \$200 discount. Students utilizing agency funds or student loan programs do not qualify for the discount as funds are received over time.

If a student wishes to make monthly or quarterly cash tuition payments which result in all tuition being paid by graduation, the student should contact the Financial Aid Office. Cash payment plans are subject to credit approval and the terms and availability of these cash payment programs are based on the applicant's creditworthiness.

Students who qualify may utilize Federal Financial Aid, Alternative Loan programs, and/or Third Party funding to meet their educational costs. Students may qualify to make payments directly to the school towards any balance not covered by other sources. Availability of financing and the terms of the contract are based on the student's creditworthiness. More information is available from the Financial Aid Office.



FEDERAL FINANCIAL AID

Title IV Federal Financial Aid is available to students who qualify. Ashmead College currently participates in the Pell Grant, Stafford Loan, and Parent/Plus programs. Financial Aid applications are available at each campus.

THE SUPPORTING DREAMS! GRANT

The Supporting Dreams! Grant is intended to help provide educational opportunities for students who have exceptional financial need and who exhibit leadership potential. The Grant is awarded throughout 2003 at each campus and will be applied toward payment of tuition, books and fees. Deadlines for submitting completed applications are the last Mondays before each Term Start Date. A total of 100 awards for \$3250 each will be awarded.

Eligibility

1. Must meet all regular admissions requirements.
2. Must qualify for the maximum Pell Grant for the award period.
3. Must provide a letter of reference from one of the Participating Agencies, demonstrating involvement or membership and leadership qualities.

Process

1. Potential student must bring letter of reference from one of the Participating Agencies, complete a FAFSA and complete a scholarship application during the Admissions process.
2. The letter will be submitted to the Corporate Office of Financial Aid who will review all applications and select the winners based on financial need and leadership qualities. Examples of leadership qualities include involvement in activities, demonstrating leadership skills and involvement in community, or a desire to do better in face of adversity while helping others.
3. The Corporate Office of Financial Aid will notify the winning students in writing within seven business days of the scholarship deadline.
4. The Grant will be applied to the student's account evenly throughout the program

Participating Agencies

- American Red Cross
- Americorps
- Armed Forces Spouses Clubs
- The Asian Counseling and Referral Service
- Big Brothers/Big Sisters Program
- C-TEC Youth Services
- Fil-Am Organization
- Human Services Council
- Portland Youth Builders
- Sisters in Action for Power
- The Urban League
- Washington Women Employment & Education
- Women in Need
- WorkSource
- YMCA
- Youth Volunteer Corps
- YWCA



“CAREERS THAT WORK” SCHOLARSHIP PROGRAM

Ashmead College participates, as a member, in the scholarship program “Careers that Work” offered through the Washington Federation of Private Career Schools and Colleges. Each high school is provided certificates for three \$1000 tuition scholarships, to be used at any school participating in the program. The program is designed to promote the vocational opportunities available to a high school graduate at a private career school.

ASHMEAD SCHOLARSHIPS

In early 2000, a limited institutional scholarship program called the Ashmead Scholarship was introduced. The scholarship is awarded at the initial Financial Aid appointment and is based on information from the student’s Free Application for Federal Student Aid. The student is required to complete all documentation to be eligible for Federal Financial Aid to receive an Ashmead Scholarship as well as maintain a 2.0 GPA and normal progress through the program. Each eligible student is awarded \$187.50 per term up to a maximum of \$750 per student. All students are provided an award letter explaining the requirements of the program when they are awarded the scholarship.

STATE OF WASHINGTON SUPPORT OF HIGHER EDUCATION STUDENTS

The Higher Education Coordinating Board has established the approximate level of state supported financial aid for institutions in Washington state. This data is provided to the institution annually and must be made available to students. The estimated amount of state supported financial aid by a full-time equivalent student at Ashmead College for 2002 is \$460.

THIRD PARTY PAYMENT

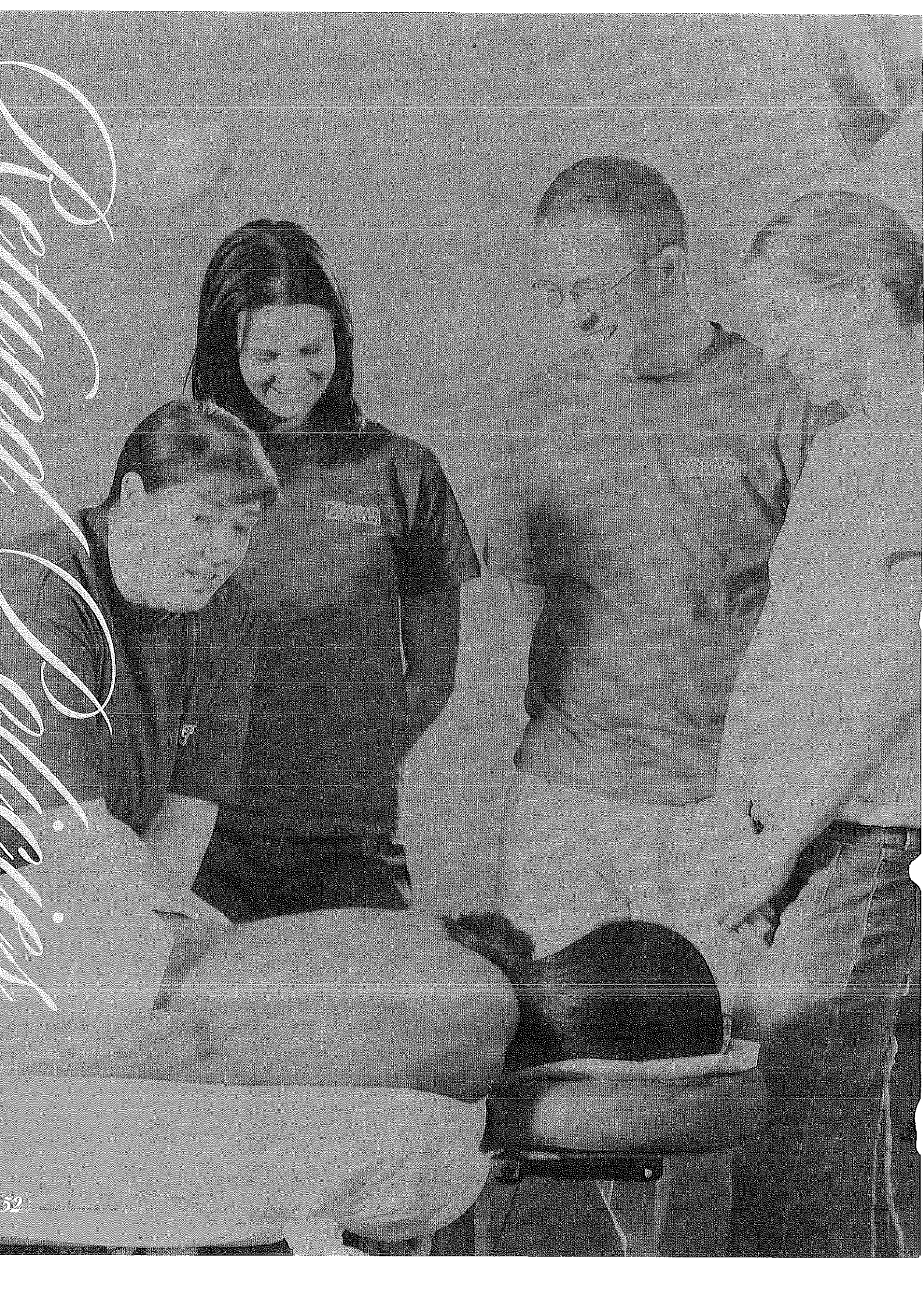
Applicants with financial resources other than Federal Financial Aid (e.g., Labor and Industries, Work Force Training Funds) must have either a legal voucher(s) for registration fee and tuition or must pay the registration fee (\$100) when making application for admission. Students are responsible for supplying Ashmead College with correct billing information and necessary forms. All tuition must be received before graduation as a requirement to receive a completion certificate.

DELINQUENT ACCOUNTS

Ashmead College reserves the right to terminate a student’s enrollment if the student fails to meet their financial obligations to the school or fails to provide documents to the Financial Aid Office. Ashmead College further reserves the right to withhold all official documents such as academic transcripts, grades, diplomas or certificates in the event that a student fails to meet his/her financial obligations to the school. In the event of delinquency, Ashmead College may require any balance be paid in full.

Ashmead College reserves the right to send unpaid balances to an outside collection agency. If this occurs, the student will be responsible for all collection costs, attorney fees, court costs, and charges. In addition, a \$15 late fee will be charged to delinquent accounts following a 10 day grace period. A \$25 fee will be charged for any checks returned due to insufficient funds.

Journal



REFUND BEFORE ENTERING CLASSES

Applicants who cancel their enrollment in person or in writing before the beginning of classes will receive:

1. A full refund of all money paid if the school does not accept the applicant.
2. A full refund of tuition and fees paid if the applicant withdraws no later than midnight on the fifth day (excluding Saturdays, Sundays and holidays) after signing the contract or making an initial payment, provided the applicant has not commenced training. After five business days, (excluding Saturdays, Sundays and holidays) the school may retain a registration fee equal to ten percent of the total tuition cost, or one hundred dollars, whichever is less.

Registration fee refers to any fee, however named, covering those expenses incurred by an institution in processing student applications and establishing a student records system.



REFUND AFTER ENTERING CLASSES

For the purposes of calculating whether a refund is due, the Official Date of Termination is the last date of recorded attendance. The Official Date of Termination shall be when:

1. The school receives notice of the student's intention to discontinue the training program; or
2. The student is terminated for a violation of a published school policy which provides for termination; or
3. The student, without written notice to the institution, fails to attend classes for thirty calendar days. Refunds will be calculated based upon the period of charges incurred through the student's last day of attendance as documented by the school's attendance records. A week is any seven-day period in which at least one day of regularly scheduled instruction, examination, or preparation for examination occurs. The student's account will be charged in four installments in the first four periods of attendance, which correspond with the four 11-week academic terms for the 12-month program, or in five installments which correspond with the five 11-week terms for the 15-month program for which the student has enrolled. These installments are called tuition charges.

It is the policy of Ashmead College to charge a student's account by period of attendance. A student who withdraws will not be liable for periods of uncharged tuition. Ashmead College will charge tuition to the accounts of all new students on the Monday following the commencement of classes. All continuing students will be charged tuition for the new period of attendance the day the term begins. In the event a student discontinues, the school will retain earned tuition based upon the period of attendance for which charges have accrued. The school will retain the \$100 registration fee. No refunds will be issued for used textbooks or lab fees.

Refund Policies

STUDENTS RESIDING IN WASHINGTON

Withdrawal During the First Term of Attendance

Student Attends	% of Current Term Tuition Charges Retained by School:*
Week 1	10%
Week 2	20%
Week 3	30%
Week 4	40%
Week 5	50%
Week 6	60%
Week 7 through 11	100%

STUDENTS RESIDING IN OREGON

Withdrawal During the First Term of Attendance

Student Attends	% of Current Term Tuition Charges Retained by School*
Week 1	9.10%
Week 2	18.20%
Week 3	27.30%
Week 4	36.40%
Week 5	45.50%
Week 6 through 11	100%

**A student will not be liable for periods of uncharged tuition*

The enrolling student recognizes that s/he is fully responsible to the school for all charges incurred regardless of financial aid funding. Any financial aid funding that the student has not completed by the filing of forms or signing of check(s) will add to a balance owing to the school and is payable at the time of withdrawal or graduation. A student may contract for the additional balance owed. The student also acknowledges that if s/he withdraws from the program at any time and the school is unable to process federal financial aid, or if the school must return previously awarded aid to the source, the student is immediately liable for payment of all charges incurred to date. Failure to pay will constitute default by the student to the school of her/his financial obligation to the school.

If the school discontinues instruction in any program after the student enters training, including circumstances where the school changes its location, students will be notified in

The school will retain 100% of all charges for prior terms completed, PLUS:

Withdrawal in Second or Subsequent Term of Attendance

Student Attends	% of Current Term Tuition Charges Retained by School:*
Week 1	0%
Week 2	25%
Week 3 through 5	50%
Week 6 through 11	100%

Withdrawal in Second or Subsequent Term of Attendance

Student Attends	% of Current Term Tuition Charges Retained by School:*
Week 1	9.10%
Week 2	18.20%
Week 3	27.30%
Week 4	36.40%
Week 5	45.50%
Week 6 through 11	100%

writing of such events and are entitled to a prorata refund of all tuition and fees. This will be paid unless comparable training is arranged for by the school and agreed upon, in writing, by the student. Students entitled to refunds must apply in writing to the school within 90 calendar days of the discontinuance or relocation. The school must disburse any earned refund within 30 calendar days after receipt of a request.

Discontinuation of instruction for students attending Oregon schools: If the school discontinues instruction in any program after the student enter training in Oregon, including circumstances where the school changes its location, students will be notified in writing of such events. The student will be entitled to a full refund of tuition and fees unless the superintendent determines that the school has made provision for students enrolled at the time to complete a comparable training program at another institution at no additional tuition cost to the student.

APPEALS

Ashmead College recognizes that students may at times wish to lodge an appeal regarding administrative decisions. The first step is to meet with the school representative who rendered the decision. If a student is not satisfied with the outcome of this meeting and wishes to appeal further, the following process must be followed within the current term or in the two weeks immediately following the decision:

Appeal of any decision by an instructor or administrator must be made in writing and include the nature of the concern, the date(s) of occurrence, the name(s) of the person(s) involved, and a brief description of the steps taken to resolve the concern. If the appeal is regarding a grading, probation or financial aid decision, copies of materials that would support the appeal (quizzes, exams, homework, exchanges, transcript, etc.) must be included with the written appeal.

The written appeal should be forwarded first to the instructor or school official who rendered the decision being appealed. Ashmead College will decide on the appeal and provide a written response to the student within 30 days, pending extenuating circumstances. Subsequent appeals should be made in the following order: Directors of Administration and Education, Vice President of Education, President.

UNRESOLVED APPEALS – State Procedures

A student who has exhausted the above appeals procedures may appeal in writing directly to the state regulatory agency that licenses or approves the school.

In Washington:

Workforce Training and Education Coordinating Board
(WTECB)
128 - 10th Ave. SW, P.O. Box 43105, Olympia, WA 98504-3105
Phone: 360-753-5673

In Oregon:

Students aggrieved by action of the school should attempt to resolve these problems with appropriate school officials. Should this procedure fail, students may contact Oregon Department of Education & Public Services Building
255 Capitol Street NE, Salem, OR 97310-0203
Phone: 503-378-5810

ACCREDITING COMMISSION PROCEDURE

Ashmead College is recognized by the Accrediting Council for Continuing Education and Training (ACCET) as meeting and maintaining rigorous standards of quality. It is the mutual goal of ACCET and the school to provide a quality educational training program and a positive learning experience. When concerns arise, students should make every effort through the School's formal appeals procedure (detailed above) to reach a fair and reasonable solution.

In the event that a student has exhausted all the options available through the School's procedure, and the concern remains unresolved, the student has a right, and is encouraged, to take the following steps:

1. Contact ACCET in writing. Complaints received by phone will be logged along with a request for a written follow-up; an initial letter speeds the process.
2. A letter of complaint must contain the following:
 - a. The nature of the concern
 - b. The approximate date(s) the concern occurred
 - c. The Ashmead College individual(s) involved in the concern
 - d. Copies of important information regarding the concern (facts, not rumors)
 - e. Evidence demonstrating that the School's complaint procedure was followed prior to contacting ACCET
3. All complaints must be signed.
4. Written complaints must be postmarked no later than 30 days after initial verbal contact with ACCET. The address is:
ACCET, Complaint Administrator
1722 N Street NW
Washington, DC 20036

Accreditation & Memberships

ACCREDITATIONS AND CREDENTIALS

To obtain further information about Ashmead College's licensing, accreditation, or certification, please contact the campus directly for addresses and phone numbers of the appropriate agency.

ASHMEAD EDUCATION INC., dba ASHMEAD COLLEGE IS:

Institutionally accredited by: ACCET (Accrediting Council for Continuing Education and Training)

LICENSED BY:

WTECB (Washington State Workforce Training & Education Coordinating Board) and the Oregon Department of Education

APPROVED BY:

Washington State Board of Massage
Oregon State Board of Massage Therapists
United States Department of Education
Office of Post Secondary Education, Washington, DC

- for:
- Federal Pell Grant
 - Federal Stafford Loan Program
 - Federal PLUS Loan

ASHMEAD COLLEGE MEMBERSHIPS

- AMTA's Council of Schools
- Washington State Financial Aid Association
- Seattle King County Chamber of Commerce
- Washington Federation of Private Career Schools and Colleges
- Better Business Bureau

Additional Accreditation Information

The Accrediting Council for Continuing Education (ACCET) Directory Addendum, which lists the names of Title IV eligible programs, program length in clock and/or credit hours, and the tuition/fees charged, is available to all students upon request. See the Registrar or Financial Aid Director for this information, or contact www.accet.org.

DISCLAIMER

This catalog provides required information about Ashmead College. However, in a continual effort to maintain the highest educational standards, Ashmead College reserves the right to make appropriate operational and policy modifications at any time. Such modifications will maintain compliance with all accrediting, state, federal, and licensing/certification agencies. When appropriate, Ashmead will notify students, staff, regulatory agencies and other interested third parties of changes prior to application.



ADMINISTRATION

Ashmead College Executive Office
6 Nickerson Street, Suite 101 • Seattle, WA 98109
Ph: 206-381-4420 • Fax: 206-729-4306

ADMINISTRATIVE STAFF

President:	Wallace W. Wright
Chief Financial Officer:	Hamilton Oswald
Vice-President, Administration:	Guy Bell
Vice-President, Admissions:	Rob Daniel
Vice-President, Education:	Kim Lothyan
Vice-President, Marketing:	Amy Kuntz
Director of Human Resource:	Shelly Williams
Marketing Manager:	Kim Harshbarger
Associate Director of FA:	Kris Damalas
Associate Director of FA:	Michael Hargrave
FA Funds Coordinator:	Mark Johnson
Director of Compliance:	Jeanette McClellan
Director of Data Management:	Anna-Lisa Mosseson
Controller:	Mike Moore
CQI Accountant:	Rosette Torres
Senior Accountant:	Chuan Hung
Student Accounts Mgr:	Susan Jensen
Accounts Payable:	Jeff Cooler
Payroll:	Melanie Denman
Community Outreach:	Cara Granger
MIS:	Jim Jennings

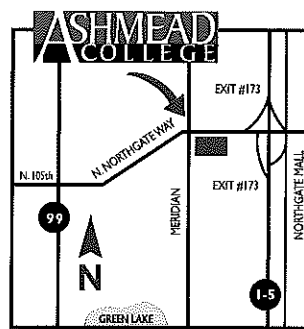
OWNERSHIP

Career Choices Inc. owns Ashmead Education Inc., dba Ashmead College. CCI is 100% owner of Ashmead Education Inc.. Lombard North America Partners LP is the principal shareholder of CCI.

BOARD OF DIRECTORS

(Ashmead Education Inc.)

President:	Wallace W. Wright
Chief Financial Officer & Secretary:	Hamilton Oswald
Board of Directors (Career Choices, Inc.)	
Wallace W. Wright	
Lane Hart	
Celeste Lee-Bobroff	
Ken Calvert	
Joseph Lin	



Seattle, Washington
Northgate Meridian Building
2111 N. Northgate Way,
Suite 218
Seattle, WA 98133
Phone: 206-440-3090
Fax: 206-440-3239
Student Clinic: 206-526-7668

The Seattle campus is located in the Northgate area, two blocks west of I-5 on the corner of Meridian Avenue North. The 24,500 square foot facility includes two floors: 13 classrooms, a supply store, student lounge, and all audio-visual and classroom equipment are located on the top floor; administrative offices and reception area on the bottom floor. The Student Clinic is located in the Greenlake area.

Seattle Campus Administrative Staff:

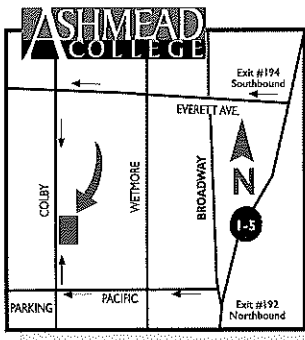
Director of Administration:	Taffie Lewis
Director of Education:	Eric Rasmussen
Registrar:	Joana Espinoza
Financial Aid Officer:	Shannon Berry
Financial Aid Advisor:	Kris Rose
Front Office Administrator:	Karen Wetterhahn
Front Desk Administrator:	Katie Heistand
Evening Front Desk Administrator:	Chris Ledwick
Admissions Representative:	Marsha Aldinger
Admissions Representative:	Juli Lau
Admissions Representative:	Tristan Alan
Graduate Services Coordinator:	Terri Chandler
Student Clinic Coordinator:	Sharon Heckel
Administrative Support:	Shauna Moss
Student Clinic Receptionist:	Roxanne LaFave
Student Service Advisor:	Jane Oberlander

Seattle Campus Instructors:

Dorothy Barron, LMP	Yvonne LaSeur, LMP
Jillian Boucek, LMP	Janis Lynne, LMP
Kathryn Bromley, MS, BA, LMP	Deb Lyons, LMP
Kirk Butler, BS, LMP	Ingrid Martin, LMP
Dr. Alexis Brereton, ND	Dr. Catherine Mastroianni, DC
Zdenka Daucik, LMP	Robyn Neeley, BA, LMP
Emily Edison, BS, MS, RD	Kaysie Noll, LMP
Sean Fordham, BHK, ACSM, CFC	Kathlene Novak, LMP
Pam Foster, LMP	Paula Pelletier-Butler, LMP
Dr. Bruce Friend, ND	Randy Pisano, LMP
Kimberlee Furugori, BA, LMP	Jeri Pleticha, RN, LMP
Paul Haertig, BA, LMP	Tana Roberts, BA, ACE, ACSM
Shawnacee Josephy, AA, LMP	Marcelo Quinonez, LMP
Jennifer Kuduk, BS, LMP	Kristi Vraspir, BS, ACE, ACSM
	John Verd, ACSM

Campus Locations & Staff

Everett, Washington
3019 Colby Ave.
Everett, WA 98201
Phone: 425-339-2678
Fax: 425-258-2620
Student Clinic:
425-388-0294



The Everett area campus is located in downtown Everett with easy access to I-5. The 8,250 square foot facility includes five classrooms, administrative offices, a supply store, and all the audio-visual and classroom equipment used by the campus.

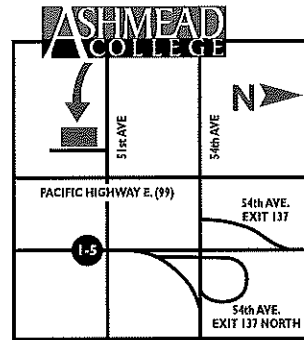
Everett Campus Administrative Staff:

Director of Education and Administration:	Meredyth Given
Registrar:	Sandra Graves
Financial Aid Officer:	Krista Thronson
Financial Aid Advisor	Janet Wahl
Front Office Administrator:	Charri Kobelt
Admissions Representative:	Elizabeth Wade
Admissions Representative:	Kathryn Young
Graduate Services Coordinator:	David Archibald
Student Clinic Coordinator:	Kimberley Callan
Student Service Advisor:	Jane Oberlander

Everett Campus Instructors:

Cindy Babb, LMP	Grace Matheson, BA, LMP
Sharon Ballanger, RN, LMP	Anna Marie Newman RN, LMP
Tani Biale BS, LMP	Jeri Pleticha, RN, LMP
Brandy Bilkovich, LMP	John Richter, LMP
Lori Bryant, LMP	Lori Scotti, LMP
Anne Geil BA, LMP	Brendan Selders, BS
Jennifer Hall, LMP	Francie Stark, LMP
Ronda Hardcastle, LMP	Elizabeth Weber, BA, LMP
Mary Lund, CNMT, LMP	
Caroline McDonald, LMP	
Dr. Catherine Mastroianni, DC	

Tacoma, Washington
5005 Pacific Hwy. E,
Suite 20
Fife, WA 98424
Phone: 253-926-1435
Fax: 253-926-0651
Student Clinic:
253-922-2967



The Tacoma area campus is located 1/4 mile off I-5 in the Fife Business park. The 16,000 square foot facility includes eight classrooms, administrative offices, a supply store, reception area, and all the audio-visual and classroom equipment used by the school. The Student Clinic is located adjacent to the campus.

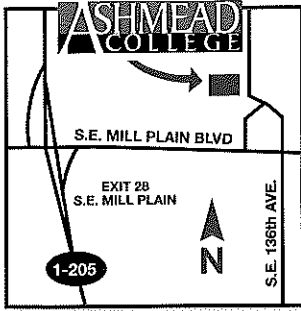
Tacoma Campus Administrative Staff:

Director of Administration:	Lorine Hill
Director of Education:	Mary Bryan
Registrar:	Jacki Borde
Financial Aid Officer:	Betsy Johnson
Financial Aid Advisor:	Kim Warren
Front Office Administrator:	Veronica McHugh Alicia Chapman
Admissions Representative:	Andrea Neimeyer
Admissions Representative:	Anna Shaw
Graduate Services Coordinator:	Suzanne Smith
Student Clinic Coordinator:	Carley Borgen
Supply Store Coordinator:	Keiko Boyne

Tacoma Campus Instructors:

David Blunk, LMP	Dr. Andrew Rife, ND
Carley Borgen, LMP	Robyn Quiett, LMP
Tammy Creley, LMP	Jenni Shires, LMP
John Frostad, AA, BSOM, MSA, LAC	Dr. Ed Slegers, DC, BSN, RN
Deby Giske, LMP	Mary Soule, BA, LMP
Margie Miller, LMP	Laura Torzewski, LMP
Erin Murphy, LMP	Ben Tullis, LMP
Denise Myers, LMP	Anne Williams, BFA, CHT, LMP

Campus Locations & Staff



Vancouver, Washington
 120 NE 136th Ave.,
 Suite 220
 Vancouver, WA 98684
 Phone: 360-885-3152
 Fax: 360-885-3151
 Student Clinic:
 360-514-9545

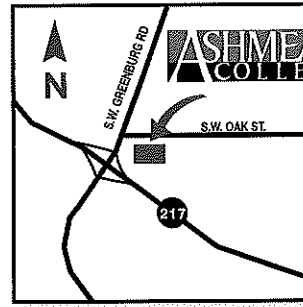
The **Vancouver** campus is located in Stonemill Center. The 18,000 square foot facility in Building B includes ten classrooms, administrative offices, a supply store, reception area, and all the audio-visual and classroom equipment used by the campus. The Student Clinic is located adjacent to the campus.

Vancouver Campus Administrative Staff:

Director of Administration:	Siri McElliott
Director of Education:	Rod Diehm
Registrar:	Kim Marshel
Financial Aid Officer:	Lisa Sobolewski
Financial Aid Advisor:	Sarah Patch
Front Office Administrator:	Ellen Winder
Admissions Representative:	Marion Lane
Admissions Representative:	Debi Hendren
Supply Store Coordinator:	Sara Breazile
Graduate Services Coordinator:	Dorothy Weiss
Student Clinic Coordinator:	Glenda Morgan
Student Clinic Assistant:	Fran Densmore
Study Lab Coordinator:	Cheyenne Lujano
Student Service Advisor:	Jessica Montgomery

Vancouver Campus Instructors:

Cheree Carver, LMP	Rebecca Morgan, LMP
Anthony Chennault, BA, LMP	Eva Odell, LMT, LMP
Carola DiLorenzo, LMT	Cheryl Owens, LMP
Candice Genereaux, LMP	Marney Richards, MS, LMP
John Green, LMP	Jeremy Sutton, BS, LMP
Anita Harper, LMP	Hulda Towns, RMT, LMP, LMT
Lincoln Heartsong, LMP	Zdenek Zumr, LMP
Cheyenne Lujano, LMP	



Portland, Oregon
 9600 Southwest Oak,
 4th Floor
 Tigard, OR 97223
 Phone: 503-892-8100
 Fax: 503-892-8871
 Student Clinic: 503-892-8112

The **Portland** campus is located in the Plaza West Building. The 18,249 square foot facility on the 4th and 5th floors includes 11 classrooms, administrative offices, a supply store, reception area, and all the audio-visual and classroom equipment used by the campus. The Student Clinic is located on the 5th floor.

Portland Campus Administrative Staff:

Director of Education and Administration:	Richard Williams
Registrar:	Sharon Steckelberg
Financial Aid Officer:	Ryan Seltmann
Front Office Administrator:	Sonia Garza
Admissions Representative:	Rebecca Apostol
Admissions Representative:	Steve Adams
Admissions Representative:	Lois DeLap
Graduate Services Coordinator:	John LeMarte
Student Clinic Coordinator:	Lori Hatcher
Student Service Advisor:	Jessica Montgomery

Portland Campus Instructors:

Cheri Brown, LMT
 David Common, LMT
 Dr. Mindy Cash, ND
 Carrie Ebling, LMT
 Cyr Foote, LMT
 Tabitha Collins, LMT
 Sheila Montgomery, LMT
 Erin Morang, LMT
 Dr. Greg Nigh, ND

Congratulations

on your selection of

Ashmead College, a national leader in
health and wellness education.

•

Our mission is to equip our students,
employees and graduates with the tools and support to
“Make a Difference and a Good Living.”

•

For over 25 years our graduates have
touched the lives of tens of thousands of their clients,
promoting wellness and improving
the quality of their lives.

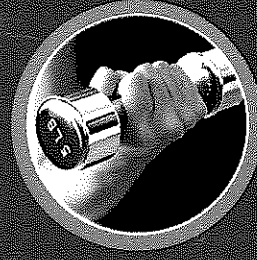
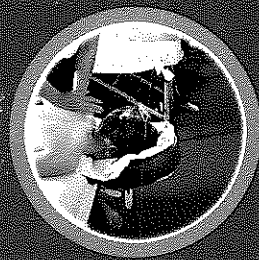
•

We've expanded to new regions,
including the Vancouver, Washington area in
early 1999 and Portland, Oregon in July 2002.
In late 1999, Seattle opened a new expanded facility
in the Northgate area, and our Everett campus relocated
to a larger site in May 2001. You have a destination
in life. We can help you create your map.

•

For over 25 years, people with a desire to make a
good living and leave a positive legacy in the community
have turned to this school for the knowledge and support
to reach their dreams. Ashmead College is here
to support your career.

Make a
difference
and a
good living



1-877-ashmead

www.ashmeadcollege.com



1-877-ashmead

www.ashmeadcollege.com

This school is licensed under
Chapter 28C.10 RCW.
Inquires or complaints regarding this
or any other private vocational school
may be made to

The Washington Workforce Training
and Education Coordination Board,
128 10th Ave. SW,
P.O. Box 43105,
Olympia, WA 98504-3105.
Phone: 360-753-5673